

Swing Around

拍數: 48 牆數: 4 級數: Improver
編舞者: Oli Geir (ICE) & Hugrun (ICE) - March 2019
音樂: Shake, Rattle and Roll - Sam Cooke



Intro: 16 Counts Start on Vocals

S1. R Chasse, Back Rock. L Chasse, Back Rock.

1&2 Step R into chasse right, stepping R. L. R.
3-4 Rock back on L, Recover onto R.
5&6 Step L into chasse left, stepping L. R. L.
7-8 Rock back on R, Recover onto L.

S.2 R. Toe Strut, L Kick Ball Change. L Toe Strut, R Kick Ball Change.

1-2 Touch R toe forward, Drop R heel to floor.
3&4 Kick L forward, Step on ball of L beside R, Step R in place.
5-6 Touch L toe forward, Drop L heel to floor.
7&8 Kick R forward, Step on ball of R beside L, Step L in place.

S.3 Forward Rock. Shuffle ½ Turn R. Step Pivot ½ Turn R. Shuffle Forward.

1-2 Rock forward on R, Recover onto L.
3&4 Step R into shuffle ½ turn right, stepping R. L. R.
5-6 Step forward on R, Pivot ½ turn R. (12.00)
7&8 Step forward on R, Step L beside R. Step forward on R.

S.4 Step Across, Point Side. Step Across, Point Side. Jass Box ¼ Turn R.

1-2 Step R across L, Point L to left side.
3-4 Step L across R, Point R to right side.
5-8 Step R across L. Step back on L. Step R ¼ turn R. Step L across R. (3.00)

S.5 Step Side, Touch. Step Side, Touch. Back Rock. Step Pivot ½ Turn L.

1-2 Step R to right side, Touch L next to R.
3-4 Step L to left side, Touch R next to L.
5-6 Rock back on R, Recover onto L.
7-8 Step forward on R, Pivot ½ turn L. (9.00)

S.6 Walk Forward R. L. Rocking Chair. Step Pivot ½ Turn L.

1-2 Walk forward on R, Walk forward on L.
3-4 Rock forward on R, Recover onto L.
5-6 Rock back on R, Recover onto L.
7-8 Step forward on R, Pivot ½ turn L. (3.00)

Start Again, Smile & Be Happy
