

If I (Needed You)

拍數: 36 牆數: 4 級數: High Improver
編舞者: Julie Carr (UK) - February 2019
音樂: If I Needed You - Emmylou Harris & Don Williams : (iTunes)



Singing starts with "if I needed you" – start on the word "needed" (16 seconds)

Section 1: L reverse rumba, Chasse ¼ turn right, Left mambo back, Sweep R back, Sweep L back

1&2 Step left to left side, close right next to left, step left back
3&4 Step right to right side, close left next to right, ¼ turn right as stepping right foot forward
5&6 Rock left foot forward, recover weight onto right, step back on left
7-8 Sweep right round from front to back, step back right, sweep left round from front to back, step back left

Section 2: Behind side cross, L Side Rock and cross, Step tap x 2, Sailor ¼ turn R

1&2 Sweep right foot round behind left .placing weight onto right, step left to left side, cross right in front of left
3&4 Rock left out to left side, recover weight onto right, cross left over right
5&6& Step right to right side, tap left next to right, step left to left side, tap right next to left
7&8 Sailor turn. Step R behind L, step left to left side, step right forward ¼ turn R 6 clock

Section 3: 2 x ½ turn left, 2 x Sailor steps, 2 x Diagonal step touches forward

1,2 ½ pivot turn L ,weight on left , ½ turn over left shoulder stepping back on right
3&4 Step left behind right, step right to right side, step left to left side
5&6 Step right behind left, step left to left side, step right to right sde
7&8& Step left diagonally forward, tap right next to left, step right diagonally forward, tap left next to right

Section 4: 2 x Diagonal step touches back, Coaster step, Jazzbox ¼ turn with a touch, Step tap, Back,Hook

1&2& Step left diagonally back, tap right next to left, step right diagonally back, touch left next to right
3&4 Step left back, close right next to left, step left forward
5&6 Cross right over left as ¼ turning right ,step left back, touch right next to left
7&8& Step right forward tap left toe behind R , step left back, hook right across front of left

Section 5: Right shuffle forward, rock, recover

1&2 step right forward, close left next to right, step right forward
3-4 rock left forward, recover weight on right. 9Clock

Enjoy from Julie x

With thanks to, Pro script writing services
Cathy Hodgson.

Last Update – 14 March 2019