

City On Our Knees

COPPER KNOB
BY STEPHENETS

拍數: 48 牆數: 2 級數: Intermediate
編舞者: Rep Ghazali (SCO) - March 2019
音樂: City On Our Knees - TobyMac



#16 count intro

[01-08] R PUSH ¼ TURN-L RECOVER ¼ TURN, R TRIPLE ¾ L, L CROSS ROCK-RECOVER, L SIDE ROCK-RECOVER, L BEHIND-R SIDE-L CROSS

- 1-2 ¼ Right by stepping Right to Right and pushing Right hip to Right (3), ¼ turn Left recover on Left (12)
3&4 triple ¾ turn Left by stepping Right-Left-Right (3)
5&6& cross rock Left over Right, recover on Right, side rock Left to Left, recover on Right
7&8 step Left behind Right, step Right to Right, cross Left over Right (3)

[09-16] R PADDLE ¼ TURN X2, R KICK BALL POINT ¼ TURN, ¼ TURN -POINT-¼ TURN-POINT, AND R BACK-L DRAG

- &1&2 hitch up on Right, ¼ turn Left point Right to Right (12), hitch up on Right, ¼ turn Left point Right to Right (9)
3&4 kick Right forward, ¼ turn Right by stepping Right to Right, point Left to Left (12)
&5 ¼ turn Left by stepping Left beside Right, point Right to Right (9)
&6 ¼ turn Right by stepping Right beside Left, point Left to Left (12)
&7-8 step Left together, big step back on Right, dragging Left up towards Right and step Left beside Right (12)

[17-24] R FWD-TOUCH-SWEEP R, R SAILOR ½ TURN CROSS, ¾ TURN, L TRIPLE ½ TURN

- 1&2 step forward Right, touch Left behind Right, sweep Right from front to back
3&4 ½ turn Right by stepping Right behind Left, step Left to Left, step Right to Right (12)
5-6 ¼ turn Left by stepping forward Left (3), ½ turn Left by stepping back Right (9)
7&8 triple ½ turn Left by stepping Left-Right-Left (3)

[25-32] R SIDE-L ROCK BACK-R RECOVER, L SIDE, R BEHIND-¼ TURN-R FWD, L FWD-½ TURN-L FWD, SPIRAL FULL TURN L

- 1-2& step Right to Right side, Left rock back, recover on Right
3-4&5 step Left to Left side, step Right behind Left, ¼ turn Left by stepping forward Left (12), step forward Right (12)
6&7 step forward Left, ½ pivot turn Right, step forward Left (6)
8 step forward Right and make spiral full turn Left (6)

[33-40] L SHUFFLE FWD, R CROSS-L BACK-R BACK, L BACK-¼ TURN R-R FWD, ½ TURN-L TOUCH-L FWD

- 1&2 step forward Left, step Right together, step forward Left
3&4 cross Right over Left, step back Left, step back Right
5&6 step back Left, ¼ turn Right by stepping Right to Right side, step forward Left (9)
7&8 ½ turn Left by stepping back Right, touch Left across Right, step step Left (3)

[41-48] R CROSS ROCK-RECOVER-AND, L CROSS ROCK-RECOVER-¼ TURN, ½ TURN-L BACK, FULL TURN R

- 1-2& cross rock Right over Left, recover on Left, step Right together
3-4& cross rock Left over Right, recover on Right, ¼ turn Left by stepping forward Left (12)
5-6 ½ turn Left by stepping back Right (6), step back Left (6)
7-8 ½ turn Right by stepping forward Right, ½ turn Right by stepping back Left (6)

Non Turner: walk back Right-Left

Tag: at the end of 5th wall – add Right rock back, recover on Left and restart facing back wall
