

# Your One and Only

COPPER KNOB  
STEPSHEETS

拍數: 40      牆數: 2      級數: Improver  
編舞者: Honky Tonk Cliff (UK) - February 2019  
音樂: Your One and Only - Jim Devine : (CD: Your One And Only - Single - iTunes)



## [1-8] Right Lockstep, Brush, Left Lockstep, Brush, Mambo Step, Run Back L R L, Tap.

1&2&      Step forward right, Lock left behind, Step forward right, Brush left from back to front.  
3&4&      Step forward left, Lock right behind, Step forward left, Brush right from back to front.  
5&6      Rock forward right, Recover onto left, Step back on right.  
7&8&      Run back L R L, Tap.

## [1-8] Side, Behind, Side, Tap, Point Out In Out In, Side, Behind, Side, Tap, Point Out In Out In.

1&2&      Step right to side, Cross left behind, Step right to side, Tap left at side of right.  
3&4&      Point left toe out, in, out, in.  
5&6&      Step left to side, Cross right behind, Step left to side, Tap right at side of left.  
7&8&      Point right toe out, in, out, in.

## [1-8] Step, Tap, Step, Tap, Right Rumba Forward, Step, Tap, Step, Tap, Left Rumba Back.

1&2&      Step right to side, Tap left at side, Step left to side, Tap right at side, .  
3&4      Step right to side, Close left at side of right, Step right forward.  
5&6&      Step left to side, Tap right at side, Step right to side, Tap left at side.  
7&8      Step left to side, Close right at side, Step back on left.

## [1-8] Back Mambo Step, Step, 1/2, Step, V Step, Rocking Chair.

1&2      Rock back on right, Recover onto left, Step forward on right.  
3&4      Step left forward, 1/2 pivot, Step.  
5&6&      Step right forward out, Step left forward out, Step right back in, Step left back in.  
7&8&      Rock forward on right, Recover onto left, Rock back on right, Recover onto left.

## [1-8] Step, 1/2, Rocking Chair, Step 1/2, Rocking Chair.

1-2      Step forward on right, 1/2 turn onto left.  
3&4&      Rock forward on right, Recover onto left, Rock back on right, Recover onto left.  
5-6      Step forward on right, 1/2 turn onto left.  
7&8&      Rock forward on right, Recover onto left, Rock back on right, Recover onto left..

## RESTART 32& COUNTS OF WALLS 2 (12.00) 4 (12.00)

### RESTART WALL 6 ( 6.00 on instrumental)

18&      COUNTS ON HANDBAGS THEN RESTART.

### ENDING ON WALL 8 (12.00)

#### DO THE FIRST 8 COUNTS OF THE DANCE

#### THEN TWO RUNNING LOCK STEPS RIGHT AND LEFT THEN STOMP RIGHT .

### [1-4] Step, Lock, Step, Step, Lock, Step, Stomp, .

1&2      Step forward on right, Lock left behind, Step forward on right.  
&3&      Step left forward, Lock right behind, Step left forward.  
4      Stomp right at side of left.