Happyland



拍數: 64 牆數: 2 級數: Intermediate

編舞者: Malene Jakobsen (DK) - March 2019

音樂: Happyland - Amanda Jenssen : (Album: Happyland)



Intro: 64 counts, 32 sec. seconds into track,

Dance begins with weight on R There are 2 restarts: On wall 2 and 4 after 56 counts facing 12.00 both times. Thank you to Stig Ekstrom for helping me out and giving me inputs along the way.

[1-8] Cross, hold, side behind, side, cross rock, chassé

1-2 (1) Cross L over R, (2) hold 12.00

&3-4 (&) Step R to R, (3) cross L behind R, (4) step R to R 12.00

5-6 (5) Rock L across R, (6) recover onto R 12.00

7&8 (7) Step L to L, (&) step R next to L, (8) step L to L 12.00

[9-16] Cross, hold, side, back rock, 1/4, side, cross shuffle

1-2 (1) Cross R over L, (2) hold 12.00

&3-4 (&) Step L to L, (3) rock back on R, (4) recover onto L 12.00
5-6 (5) Turn 1/4 L stepping back on R, (6) step L to L 9.00
7&8 (7) Cross R over L, (&) step L to L, (8) cross R over L 9.00

[17-24] Side, hold, ball cross, side, back rock, chassé

1-2 (1) Step L to L, (2) hold 9.00

&3-4 (&) Step R next to L, (3) cross L over R, (4) step R to R 9.00

5-6 (5) Rock back on L, (6) recover onto R 9.00

7&8 (7) Step L to L, (&) step R next to L, (8) step L to L 9.00

[25-32] Behind, hold, side, cross rock, 1/4, 1/2, cross

1-2 (1) Cross R behind L, (2) hold 9.00

&3-4 (&) Step L to L, (3) rock R across L, (4) recover onto L 9.00

5-6-7 (5) Turn 1/4 R stepping fwd. on R, (6) turn 1/2 R stepping back on L, (7) step slightly

diagonally back on R 6.00

8 (8) Cross L over R 6.00

[33-40] Side, hold, ball side, touch, 1/4, hold, ball side, touch

1-2&3-4 (1) Step R to R, (2) hold, (&) step L next to R, (3) step R to R, (4) touch L next to R 6.00

5-6&7-8 (5) Turn 1/4 R stepping L to L, (6) hold, (&) step R next to L, (7) step L to L, (8) touch R next

to L 9.00

[41-48] Figure 8 with a sweep

1-2-3 (1) Step R to R, (2) cross L behind R, (3) turn 1/4 R stepping fwd. on R 12.00

4-5-6 (4) Step fwd. on L, (5) turn 1/2 R, (6) turn 1/4 R stepping L to L 9.00

7-8 (7) Cross R behind L starting to sweep L from front to back, (8) finish the sweep 9.00

[49-56] Back rock, 1/4, touch behind, 1/4, 1/4, cross with sweep

1-2 (1) Rock back on L, (2) recover onto R 9.00

3-4 (3) Turn 1/4 R stepping L to L, (4) touch R behind L 12.00

5-6 (5) Turn 1/4 L stepping back on R, (6) turn 1/4 L stepping L to L 6.00

7-8 (7) Cross R over L starting to sweep L from back to front, (8) finish the sweep

NOTE: Restart here on walls 2 and 4 6.00

[57-64] Cross, hold, back, back, cross, hold, back, back

1-2 (1) Cross L over R, (2) hold 6.00

3-4	(3) Step diagonally back on R, (4) step diagonally back on L 6.00
5-6	(5) Cross R over L, (6) hold 6.00
7-8	(7) Step diagonally back on L, (8) step diagonally back on R 6.00

Ending: Section 4 – after you've done count 6 (turn 1/2 R stepping back on L) just make another 1/2 turn R stepping fwd. on R and finish at 12.00

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