

Paradise

COPPER KNOB
STEP SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - March 2019
音樂: Paradise - HELLOVENUS (헬로비너스)



Intro: #32 counts - No Tag, No Restart~!

Sec 1: Forward Toe Touch-Together (R-L), 1/4 Turn L while Knee Pop (R-L-R-L).

1-2 Touch R toe forward with hip roll, Step R next to L
3-4 Touch L toe forward with hip roll, Step L next to R
5-6-7-8 Turn 1/4 L while ball stepping R-L-R-L with knee pop (9:00)

Sec 2: Kick-Cross-Point (R-L), Rock Forward/Recover, 1/4 Turn R Chasse.

1&2 Kick R forward, Cross R over L, Point L to left side
3&4 Kick L forward, Cross L over R, Point R to right side
5-6 Rock forward on R, Recover on L
7&8 1/4 turn R stepping R to R side, Step L next to R, Step R to R side (12:00)

Sec 3: Forward Toe Touch-Together (L-R), 1/4 Turn R while Knee Pop (L-R-L-R).

1-2 Touch L toe forward with hip roll, Step L next to R
3-4 Touch R toe forward with hip roll, Step R next to L
5-6-7-8 Turn 1/4 R while ball stepping L-R-L-R with knee pop (3:00)

Sec 4: Kick-Cross-Point (L-R), Cross, Side, Rock Back/Recover.

1&2 Kick L forward, Cross L over R, Point R to right side
3&4 Kick R forward, Cross R over L, Point L to left side
5-6-7-8 Cross L over R, Step R to right side, Rock back on L, Recover on R

Sec 5: Forward, Hitch, Back, Touch, Side, Hold, Together, Side, Touch.

1-2-3-4 Step forward on L, Hitch R knee, Step back on R, Touch L toe back
5-6&7-8 Step L to left side, Hold, Step R next to L, Step L to left side, Touch R beside L

Sec 6: Forward, Hitch, Back, Touch, Side, Hold, Together, 1/4 Turn R Forward, Touch.

1-2-3-4 Step forward on R, Hitch L knee, Step back on L, Touch R toe back
5-6&7-8 Step R to right side, Hold, Step L next to R, 1/4 turn L stepping forward on R, Touch L beside R (6:00)

Sec 7: Forward, Scuff, Forward, Scuff, Rock Forward/Recover, Coaster Step.

1-2-3-4 Step forward on L, Scuff R, Step forward on R, Scuff L
5-6-7&8 Rock forward on L, Recover R, Step back on L, Step R next to L, Step forward on L

Sec 8: Forward Toe Strut, 1/4 Turn L Forward Toe Strut, Rocking Chair.

1-2 Touch R toe forward with hip bump, Drop R heel with hip bump
3-4 a make 1/4 turn L Touch L toe forward with hip bump, Drop L heel with hip bump (3:00)
5-6-7-8 Rock forward on R, Recover L, Rock back on R, Recover L

Enjoy Dancing Always!

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