

Those Who Are Gone with the Wind

COPPER KNOB
BY STEPHEN METZ

拍數: 32 牆數: 4 級數: Improver NC2S
編舞者: Rex Chuan (USA) - March 2019
音樂: "Those Who Are Gone with the Wind" by Kit Chan



Start: after 16 counts of music, with vocal

S1:

1&2& RF rock cross LF(1), recover weight on LF(&), RF R(2), LF cross RF(&)
3&4 RF R(3), LF cross behind RF(&), RF R(4)
56 Lunge on RF(5) and left arm reach out to right side, hold on 6
78& Weight shift to LF(7), L half turn and RF R(8), L half turn and LF L(&) (12:00)

S2:

12& RF cross rock behind LF(1), recover on RF(2), RF R(&)
34 LF tap back(3), L swivel half turn and weight shift to LF(4)
56& RF forward(5) and LF sweep forward, LF cross RF(6), L 1/8 turn and RF back(&)
78& LF backward(7) and RF sweep backward, RF cross behind LF(8), L 1/8 turn and LF L(&)
(3:00)

S3:

1&2& RF forward(1), LF hitch(&), LF forward(2), RF forward(&)
34 LF forward(3), R swivel half turn and weight on RF(4)
56& R half turn and LF backward(5) and RF sweep backward, RF cross behind LF(6), LF L(&)
78& L 1/8 turn and RF rock forward(1), recover on LF(8), R half turn and RF forward(&) (7:30)

S4:

12& LF forward(1), chest pump out(2), RF hitch tap aside LF(&) and arms around chest,
34 RF backward(3) and LF sweep back, LF backward(4) and RF sweep back
56 RF backward(5), LF sweep backward(6)
78& LF backward(7), RF forward(8), R 1/8 turn and LF L(&) (9:00)

Enjoy the dance!
