

# Runaway Train

COPPERKNOB  
BY STEPHEN

拍數: 48      牆數: 2      級數: Easy Intermediate  
編舞者: Christine Collins (AUS) - February 2019  
音樂: Runaway Train - Andrew Swift : (Album: Call of the Cavalry - iTunes - 3:58)



\*\*\*3 Restarts (Wall 1 (after 40 counts), wall 6 and wall 7 (after 32 counts).

Intro: 16 beats (on lyrics "the engine")

**[1-8] WALK, WALK, STEP, LOCK, STEP, ROCK, REPLACE, STEP BACK, HOLD, HOLD.**

1,2            Step R forward, Step L forward  
3&4           Step R forward, Step L behind R, Step R forward  
5,6           Rock L forward, replace weight onto R  
7&8           Step L back, Hold, Hold

**[9-16] COASTER STEP, PADDLE TURN, PADDLE TURN, CROSS AND HEEL.**

1&2           Step R back, Step L next to R, Step R forward  
3,4           Step L forward, replace weight onto R making a ¼ turn R  
5,6           Step L forward, replace weight onto R making a ¼ turn R  
7&8           Step L across R, replace weight onto R, Place L heel forward

**[17-24] BALL, CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, FULL TURN.**

&1,2,3        Replace weight on L, Step R across L, Step L to side, Step R behind L  
4,5,6        Step L to side, Rock R across L, replace weight onto L  
7&8        Step R to side making a ¼ turn R, step L back making ½ turn R, step R to side making a ¼ turn R

**[25-32] CROSS, SIDE, BEHIND, SIDE, CROSS ROCK, SIDE SHUFFLE.**

1,2,3,4       Step L across R, Step R to side, Step L behind R, step R to side  
5,6        Rock L across R, replace weight onto R  
7&8        Step L to side, Step R beside L, Step L to side (Restarts wall 6 and 7)

**[33-40] WALK, WALK, ROCK REPLACE, BACK LOCK BACK, STEP BACK, TOUCH.**

1,2,3,4       Step R forward, Step L forward, Rock R forward, replace weight back onto L  
5&6        Step R back, Step L in front of R, Step R back  
7,8        Step L back, Touch R beside L (Restart wall 1)

**[41-48] SIDE ROCK, SAILOR STEP, SAILOR STEP, ROCK BACK REPLACE.**

1,2           Rock R out to side, replace weight onto L  
3&4           Step R behind L, Step L in place, Step R out to side  
5&6           Step L behind R, Step R in place, Step L out to side  
7,8           Rock R back, replace weight forward onto L

**[48] Beats : End of dance sequence.**

Restart Wall 3 After count 40 on the 1st sequence.

Restart Wall 6 and Wall 7 After count 32 on the 6th and 7th sequence.

Email: [collfam@bigpond.net.au](mailto:collfam@bigpond.net.au)