

# Postcards

拍數: 32      牆數: 4      級數: Improver  
編舞者: Sophie Ruhling (FR) - July 2017  
音樂: Postcards - James Blunt



## #30 second intro – CW - 2 RESTARTS

(Dance begins on the word "postcards" in the sentence "I'm sending POSTCARDS...")

### SECT.1 : WALK R, WALK L, MAMBO STEP R FWD, BACK L, BACK R, MAMBO STEP L BACK

1-2            walk R, walk L  
3&4            mambo R fwd, recover on L, step R back in place  
5-6            back L, back R  
7&8            mambo L back, recover on R, step L back in place

### SECT.2 : MAMBO TO R SIDE CROSS R OVER L, MAMBO TO L SIDE CROSS L OVER R, STEP 1/2 TURN L, WALK R, STEP 1/2 TURN R, WALK L

1&2            mambo R to R side, recover on L, cross R over L  
3&4            mambo L to L side, recover on R, cross L over R  
5&6            walk R, 1/2 turn L (weight on L), walk R (6.00)  
7&8            walk L, 1/2 turn R (weight on R), walk L (12.00)

**\*Restart here walls 3 (6.00) & 5 (9.00)**

### SECT.3 : WALK R DIAGONAL, WALK L, SAILOR STEP R, WALK L DIAGONAL, WALK R, SAILOR STEP L

1-2            walk R to R diagonal, walk L beside R  
3&4            cross R behind L, step L to L side, step R to R side  
5-6            walk L to L diagonal, walk R beside L  
7&8            cross L behind R, step R to R side, step L to L side

### SECT.4 : GRAPEVINE R with 1/4 TURN R, KICK L, STEP L, KICK R, HOOK R, KICK R, FLICK R & SNAP FINGERS

1-2            step R to R side, cross L behind R  
3-4&            1/4 turn R walk R, kick L fwd, step L in place (3.00)  
5-6            kick R fwd, hook R over L  
7-8            kick R fwd, flick R and snap fingers

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