

Let's Do The Rock EZ

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Beginner
編舞者: Joanne Austin - March 2019
音樂: The Rock - Ms. Jody : (CD: It's All About Me - iTunes)



Intro: begin on lyrics (48 counts)

S1: R STEP FWD/TOUCH, L STEP BACK/TOUCH, R COASTER, 1/4T R

1-2 Step fwd R, L touch beside
3-4 Step back L, R touch beside L
5&6 R step back, L step next to R, R step fwd
7-8 L step fwd, R pivot 1/4 R (3:00)

S2: R JAZZ BOX, VINE 1/4T R

1-4 L cross over R, R step back, L step side, touch R next to L
5-8 Step R to R side, L behind R, 1/4 turn to R, L step beside R (6:00)

S3: K-STEP

1-2 Fwd/Diagonal R step, L touch beside R (clap hands)
3-4 Step L back to centre, R touch beside L (clap hands)
5-6 Back/Diagonal R step, L touch beside R (clap hands)
7-8 L back to centre, R touch beside L (clap hands) (6:00)

S4: ROCK RECOVER, TRIPLE IN PLACE, L HIP'N HIP, 1/4T L

1-2 Rock fwd R, recover to L
3&4 R step, L beside R, R step (in place)
5&6 L fwd on ball of foot, R beside L on ball of foot, L fwd step
7-8 Step R fwd, 1/4 pivot L onto L (3:00)

S5: R LOCK STEP/SCUFF, L LOCK STEP/SCUFF

1-4 R fwd diagonal, L step behind R, R fwd, L scuff
5-8 L fwd diagonal, R step behind L, L fwd, scuff

S6: R ROCKING CHAIR, SWAY R & L (X2)

1-4 R fwd, L recover, R step back, L recover
5-8 Sway R, Sway L (X2)

Begin dance again!

***Intended as floor split dance to Sue Ann Ehmman & Dancin' Terry's "Let's Do the Rock"**

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