

# Ghost of a Cowboy

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 4      級數: Improver / Intermediate  
編舞者: Cathy Snow (USA) & Steve Cavanaugh (USA) - March 2019  
音樂: Ghost of a Cowboy - Aaron Crawford



Intro: 32 counts

## [1-8] RIGHT SUGAR FOOT, TRIPLE, LEFT SUGAR FOOT, TRIPLE

1-2            Point right toe to left instep, right heel to left instep  
3&4           Triple-step in place right, left, right  
5-6           Point left toe to right instep, left heel to right instep  
7&8           Triple-step in place left, right, left

## [9-16] 4X TOE HEEL STRUTS FORWARD

1-2            Right toes, step down R heel  
3-4            Left toes, step down L heel  
5-6            Right toes, step down R heel  
7-8            Left toes, step down L heel

## [17-24] 4X HEEL TOE/WALK BACKWARDS

1-2            Touch forward R heel, lower R toes to floor  
3-4            Touch forward L heel, lower L toes to floor  
5-6            Touch forward R heel, lower R toes to floor  
7-8            Touch forward L heel, lower L toes to floor

## [25-32] LINDY RIGHT, LINDY LEFT

1&2            Shuffle right, left, right to right side  
3-4            Rock back on left behind right, recover right  
5&6            Shuffle left, right, left to left side  
7&8            Rock back on right behind left, recover

## [33-40] R DOUBLE KICK, COASTER STEP, L DOUBLE KICK, COASTER

1-2            Low kicks right foot (two times)  
3&4            Step right back, step right together & step right forward  
5-6            Low kick left foot (two times)  
7&8            Step left back, step left together & step left forward

## [41-48] ¼ RIGHT MONTEREY TURN, JAZZ BOX

1&2            Touch R toe to R side, Pivot ¼ R on ball of L step R next to L  
3-4            Touch L toe to Left, step L next to R  
5-6            Cross R over L, step back on L  
7-8            Step R to R side; step L next to R

## [49-56] LINDY RIGHT, LINDY LEFT

1&2            Shuffle right, left, right to right side  
3-4            Rock back on left behind right, recover right  
5&6            Shuffle left, right, left to left side  
7&8            Rock back on right behind left, recover

## [57-64] LOCK STEP, TRIPLE STEP; LOCK STEP, TRIPLE STEP

1-2            Step right forward, cross left behind right  
3&4            Step right, left right in place

5-6 Step left forward, cross right behind left  
7&8 Step left, right, left

**DANCE first 64 counts (complete dance)**

**RESTART dance on 3:00 wall AFTER first 24 counts - Restart only this one time**

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