

# Bright Side Of Life

COPPER KNOB  
STEPPESHEETS

拍數: 32      牆數: 4      級數: Improver - Novelty (Social Only)  
編舞者: Cato Larsen (NOR) - February 2019  
音樂: Livets Lyse Side - Finn Kalvik : (CD: Finn Kalvik - Fra A Til Nå: 40 Beste)



**Intro: Start the dance on the word "dagen" (41 seconds).**

**[1 – 8] Step, Scuff, Step, Scuff, Mambo Step, Step, Scuff, Step, Scuff, Mambo Step.**

- 1&      Step forward on right (1), Scuff left foot forward (&). 12:00
- 2&      Step forward on left (2), Scuff right foot forward (&).
- 3&4     Step forward on right (3), Rock (recover) weight back again onto left (&), Step right next to left (4).
- 5&      Step forward on left (5), Scuff right foot forward (&).
- 6&      Step forward on right (6), Scuff left foot forward (&).
- 7&8     Step forward on left (7), Rock (recover) weight back again onto right (&), Step left next to right (8).

**[10 – 16] Shuffle Lock back, Shuffle 1/2 turn, 1/4 Chase turn, Side Rock & Cross.**

- 1&2     Step back on right (1), Lock left across of right (&), Step back on right (2). 6:00
- 3&4     Shuffle ½ turn left Stepping L,R,L (3&4).
- 5&6     Step forward on right (5), Pivot ¼ turn left (&), Cross left over right (6). 9:00
- 7&      Step left to left side (7), Rock (recover) weight back again onto right (&).
- 8        Cross left over right (8).

**[17 – 24] Side Mambo's & Touch, Forward & Back Mambo's & Touch.**

- 1&      Step right to right side (1), Rock (recover) weight back again onto left (&).
- 2&      Step right next to left (2), Step left to left side (&).
- 3&      Rock (recover) weight back again onto right (3), Step left next to right (&).
- 4        Touch right toe next to left (4).
- 5&      Step forward on right (5), Rock (recover) weight back again onto left (&).
- 6&      Step right next to left (6), Step back on left (&).
- 7&      Rock (recover) weight forward onto right (7), Step left next to right (&).
- 8        Touch right toe next to left (8).

**[25 – 32] ¼ Pivot turn twice, Sailor ¼ turn, Step, ½ Pivot turn, Sailor ¼ turn.**

- 1        Pivot ¼ turn right Stepping forward on right (1). 6:00
- 2        Pivot ¼ turn right Stepping left to left side (2). 9:00
- 3&      Cross right behind left (3), Pivot ¼ turn right Stepping left next to right (&), 12:00
- 4        Step right slightly forward (4).
- 5,6     Step forward on left (5), Pivot ½ turn left Stepping back on right (6). 6:00
- 7&      Cross left slightly behind right (7), Pivot ¼ turn left Stepping right next to left (&).
- 8        Step slightly forward on left (8). 3:00

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