

Charleston Kicks

拍數: 32 牆數: 4 級數: Improver
編舞者: Karianne Heimvik (NOR) - March 2019
音樂: Booty Swing by The Princess, Pt. Two



(1-8) fwd diagonal shuffle (right), fwd diagonal shuffle (left), Charleston style

1&2 step RF fwd on right diagonal, step LF next to RF, step RF fwd on right diagonal
3&4 step LF fwd on left diagonal, step RF next to LF, step LF fwd on left diagonal
5&6 swing RF from back to front and touch fwd, swing RF around from front to back, step back on RF
7&8 swing LF from front to back and touch behind, swing LF from back to front, step LF fwd

(9-16) Charleston style, Charleston kick

1&2 swing RF from back to front and touch fwd, swing RF around from front to back, step back on RF
3&4 swing LF from front to back and touch behind, swing LF from back to front, step LF fwd
5,6 kick RF heel fwd, kick RF heel fwd
7,8 step RF in place, kick LF back

(17-24) step, kick 1/2 turn, rock step, vine

1,2 step LF in place, kick RF heel fwd as you make a little turn to right
3,4 kick RF heel to right as you make a little turn to right, kick RF heel to right as you make a little turn to right completing a right 1/2 turn

(weight is on LF throughout the 1/2 turn)

5,6 rock RF to right side, recover weight to LF
7&8 step RF behind LF, step LF to left, cross RF over LF

(25-32) rock step 1/4 turn, lock step, rock step, back, back

1,2 rock LF to left side, make 1/4 turn and step fwd on RF
3&4 step fwd on LF, lock RF behind LF, step fwd on LF
5,6 rock fwd on RF, recover weight onto LF and swing RF from front to back
7,8 step back on RF and swing LF from front to back, step back on LF

For styling, use your arms

START AGAIN!

REMEMBER TO HAVE A PEP IN YOUR STEP, SMILE AND HAVE FUN!