

Charleston Kicks

拍數: 32 牆數: 4 級數: Improver
編舞者: Karianne Heimvik (NOR) - March 2019
音樂: Booty Swing by The Princess, Pt. Two



(1-8) fwd diagonal shuffle (right), fwd diagonal shuffle (left), Charleston style

- 1&2 step RF fwd on right diagonal, step LF next to RF, step RF fwd on right diagonal
- 3&4 step LF fwd on left diagonal, step RF next to LF, step LF fwd on left diagonal
- 5&6 swing RF from back to front and touch fwd, swing RF around from front to back, step back on RF
- 7&8 swing LF from front to back and touch behind, swing LF from back to front, step LF fwd

(9-16) Charleston style, Charleston kick

- 1&2 swing RF from back to front and touch fwd, swing RF around from front to back, step back on RF
- 3&4 swing LF from front to back and touch behind, swing LF from back to front, step LF fwd
- 5,6 kick RF heel fwd, kick RF heel fwd
- 7,8 step RF in place, kick LF back

(17-24) step, kick 1/2 turn, rock step, vine

- 1,2 step LF in place, kick RF heel fwd as you make a little turn to right
- 3,4 kick RF heel to right as you make a little turn to right, kick RF heel to right as you make a little turn to right completing a right ½ turn

(weight is on LF throughout the ½ turn)

- 5,6 rock RF to right side, recover weight to LF
- 7&8 step RF behind LF, step LF to left, cross RF over LF

(25-32) rock step ¼ turn, lock step, rock step, back, back

- 1,2 rock LF to left side, make ¼ turn and step fwd on RF
- 3&4 step fwd on LF, lock RF behind LF, step fwd on LF
- 5,6 rock fwd on RF, recover weight onto LF and swing RF from front to back
- 7,8 step back on RF and swing LF from front to back, step back on LF

For styling, use your arms

START AGAIN!

REMEMBER TO HAVE A PEP IN YOUR STEP, SMILE AND HAVE FUN!