Good Vibes



拍數: 32 牆數: 4 級數: Improver

編舞者: Fred Whitehouse (IRE) - March 2019

音樂: Feels Like Home by Sigala, Fuse ODG & Sean Paul



Intro – 32 Counts, Approx. 15 Seconds From Start Of Track (No Tags or Restarts)

[1-8] Walk x2, Cha Cha Forward, Pivot ½ Turn R, Cha Cha Forward

1.2	Walk Forward R, L
1.4	Walk Folward N. L

3&4	Step RF forward, Close LF behind R, Step RF forward
5,6	Step LF forward, Pivot ½ turn R placing weight on RF
7&8	Step LF forward, Close RF behind L, Step LF forward

[9-16] Step Touch x2, 1/2 Turn Paddle L

1.2	Step RF to R diagonal, Touch LF next to R	
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3,4	Step LF to L diagonal, Touch RF next to L (Facing 6.00)
5,6	1/8 turn L Touch RF to R side, 1/8 turn L Touch RF to R side,
7,8	1/8 turn L Touch RF to R side, 1/8 turn L Touch RF to R side

(Facing 12.00, During the paddle turn, Roll arms in front of face over the 4 counts)

[17-24] Weave, Point, Weave, Point

1.2	Cross DE avar I	Step LF to L side
1.2	CIUSS IXI UVELL	. טובט בד וט ב אוטב

3.4	Step RF behind L.	Touch LE to L	vte bbe) abie	le with a flick I \
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5,6 Cross LF over R, Step RF to R side

7,8 Step LF behind R. Touch RF to R side (add style with a flick R)

[25-32] Touch x2, Cross & Cross, Step Touch, ¼ Turn R Step Touch

1,2	Touch R toe cross L	., Touch R toe to R side
1,4	I Oddii IX toc Gloss L	., I Oudil IX loc lo IX sluc

3&4	Cross RF o	ver L, Step L	∟F to L side,	Cross RF over L
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5,6 Step LF to L side, Touch RF next to L (clap)

7,8 ½ turn R stepping RF to R side, Close LF next to R (clap)

**Just For Fun... **

When you dance the 9.00 wall every time, I like to add in some noise and a little fun arm push during the first 8 counts.

1,2 shimmy, counts 3&4 push both hand up & up as you shout O O (on the up movement) make your pivot $\frac{1}{2}$ turn, then repeat the hand push up and the noise.

Also.. On the next section with the step touch, I like to add a little Dip of the hip and a click when you touch LF next to R and Repeat on other side, this leads into the arm roll on the paddle turn.

Don't Forget Dance Is Supposed To Be Fun. Smile!!

Contact: f_whitehouse@hotmail.com