

# Lost in the Middle of Nowhere

**COPPER** **KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Guy Dubé (CAN) - March 2019  
音樂: Lost in the Middle of Nowhere (feat. Becky G) - Kane Brown



Note : Special thanks to Nathalie Paquet for the music choice..  
Intro: 8 comptes.

## [1-8] RUMBA BOX, COASTER STEP, STEP-LOCK-STEP

1&2            Step R to side, step L together R, step R forward  
3&4            Step L to side, step R together L, step L back  
5&6            Step R back, step L together R, step R forward  
7&8            Step L forward, cross step R behind heel L, step L forward

## [9-16] 1/4 TURN L and MAMBO SIDE, MAMBO SIDE, 2X (COASTER KICK TOGETHER)

1&2            1/4 turn to left and rock step R to side, recover on L, step R together L  
3&4            Rock step L to side, recover on R, step L together R  
5&6&          Step R back, step L together R, kick R forward, step R together L  
7&8&          Step L back, step R together L, kick L forward, step L together R

Restarts : At the 3rd (face to 6:00) and 6th repetition (face to 9:00) do the first 16 counts and Restart the dance from the beginning.

## [17-24] WALK-WALK-HITCH in 1/4 TURN R, CROSS-BEHIND-SIDE, CROSS SHUFFLE, MAMBO CROSS

1&2            Walk R,L forward flexing your knees, releasing do 1/4 turn right in hitching knee R  
3&4            Cross R over L, step L back, step R to side  
5&6            Cross L over R, step R to side, cross L over R  
7-8            Rock side R, recover on L, cross step R over L

## [25-32] 1/4 TURN R STEP BACK, 1/4 TURN R SIDE CROSS, MAMBO SIDE CROSS, MAMBO SIDE STEP FWD, STEP, PIVOT 1/2 TURN L, 1/4 TURN L TOUCH TOGETHER

1&2            1/4 turn to right and step L back, 1/4 turn to right and step R to side, cross step L over R  
3&4            Rock step R, recover on L, cross step R over L  
5&6            Rock side L, recover on R, step L forward  
7&8            Step R forward, pivot 1/2 turn to left, 1/4 turn to left with toe touch together L

**REPEAT AND HAVE FUN !**