

# Dear Barry

拍數: 64      牆數: 4      級數: Improver  
編舞者: Gaye Teather (UK) - March 2019  
音樂: I'm Gonna Sit Right Down and Write Myself a Letter - Barry Manilow : (CD: Here Comes the Night - iTunes, Amazon etc)



Very short intro (5 seconds) Start on vocals

NO TAGS. NO RESTARTS!

**Back rock. Shuffle forward. Forward rock. Coaster cross**

1 – 2      Rock back on Right. Recover onto Left  
3&4      Step forward on Right. Step Left beside Right. Step forward on Right  
5 – 6      Rock forward on Left. Recover onto Right  
7&8      Step back on Left. Step Right beside Left. Cross step Left over Right

**Side Right. Together. Cross shuffle. Side Left. Together. Cross shuffle**

1 – 2      Step Right to Right side. Step Left beside Right  
3&4      Cross Right over Left. Step Left to Left side. Cross Right over Left  
5 – 6      Step Left to Left side. Step Right beside Left  
7&8      Cross Left over Right. Step Right to Right side. Cross Left over Right

**Side. Together. Chasse quarter turn Right. Step. Pivot quarter turn Right. Cross shuffle**

1 – 2      Step Right to Right side. Step Left beside Right  
3&4      Step Right to Right side. Step Left beside Right. Quarter turn Right stepping forward on Right  
5 – 6      Step forward on Left. Pivot quarter turn Right  
7&8      Cross Left over Right. Step Right to Right side. Cross Left over Right (6 o'clock)

**Side Right. Together. Right kick-ball-cross (x2)**

1 – 2      Step Right to Right side. Step Left beside Right  
3&4      Kick Right foot forward. Step Right beside Left. Cross Left over Right  
5 - 6      Step Right to Right side. Step Left beside Right  
7&8      Kick Right foot forward. Step Right beside Left. Cross Left over Right

**Right side rock. Cross shuffle. Vine Left. Cross**

1 – 2      Rock Right to Right side. Recover onto Left  
3&4      Cross Right over Left. Step Left to Left side. Cross Right over Left  
5 – 6      Step Left to Left side. Cross Right behind Left  
7 – 8      Step Left to Left side. Cross Right over Left

**Left side rock. Cross shuffle. Vine quarter turn Right. Stomp**

1 – 2      Rock Left to Left side. Recover onto Right  
3&4      Cross Left over Right. Step Right to Right side. Cross Left over Right  
5 – 6      Step Right to Right side. Cross Left behind Right  
7 – 8      Quarter turn Right stepping forward on Right. Stomp Left beside Right (weight now on Left) (9 o'clock)

**Forward rock. Coaster step (x2)**

1 – 2      Rock forward on Right. Recover onto Left  
3&4      Step back on Right. Step Left beside Right. Step forward on Right  
5 – 6      Rock forward on Left. Recover onto Right  
7&8      Step back on Left. Step Right beside Left. Step forward on Left

**Out. Out. Back. Together (V Step). Out. Out. In. In. Out. Out. In. In (travelling back)**

1 – 2 Step Right diagonally forward Right. Step Left diagonally forward Left

3 – 4 Step Right back to centre. Step Left back to centre

&5&6 Step Right to Right side. Step Left to Left side. Step Right back to centre. Step Left back to centre

&7&8 Step Right to Right side. Step Left to Left side. Step Right back to centre. Step Left back to centre

**Note: Steps &5-&8 should be small steps travelling slightly backwards**

**Start again**

**With thanks to my lovely friends Jane and Greg for recommending this song to me. I hope you like the dance guys. XX**

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