

Painting Pillows

拍數: 48 牆數: 4 級數: Intermediate waltz
編舞者: Bill Larson (AUS) - December 2018
音樂: Raining Rainbows - Lauren Alaina : (CD: Painting Pillows EP)



Weight on Right, Start 24 counts in (14 seconds) on vocals – Turning CCW

S1. Forward L Recover, 1/2 L Step, Forward R Step L Together Step R Back

1,2,3 Step forward on L (1), Recover weight back onto R (2), turning 1/2 L Step L beside R (3) 06:00
4,5,6 Step forward onto R (4), Step L beside R (5), Step back on R (6)

S2. Back Turn Together, Forward 1/4 R Back 1/4 R Side

1,2,3 Step back on L (1), turning 3/8 R Step R to side (2), Step L beside R (3) 10:30
4,5,6 Step forward on R (4), turning 1/4 L Step back on L (5), turning 1/4 L Step R to side (6) 01:30

S3. Cross Side Together, Cross 1/4 R 1/4 R

1,2,3 Cross L over R (1), Step R to side (2), Step L beside R (3)
4,5,6 Cross R over L (4), turning 1/4 R Step back on L (5), turning 1/4 R Step R to side (6) 07:30

S4. Cross Side Together, Cross Touch Kick Forward

1,2,3 Cross L over R (1), Step R to side (2), Step L beside R (3)
4,5,6 Cross R over L (4), Touch L beside R (5), Kick L forward diagonally L (6)

S5. 1/4 L, 1/2 L 1/2 L, Forward R Step L Together Step R Back

1,2,3 turning 1/4 L Step forward on L (1), turning 1/2 L Step back on R (2), turning 1/2 L Step forward on L (3) 04:30
4,5,6 Step forward onto R (4), Step L beside R (5), Step back on R sweeping L to side (6)

S6. Behind Side/Turn Replace, Cross Side Replace

1,2,3 Step L behind R (1), turning 1/8 L Step R to side to square up on wall (2), Step L to side (3) 03:00
4,5,6 Cross/Step R over L (4), Step L to side (5), Replace/Step R to side (6)

S7. Forward Step Turn 1/2 L Together, Waltz Basic Forward

1,2,3 Step forward on L (1), Step forward on R (2), turning 1/2 L, Step L beside R (3) 09:00
4,5,6 Step forward on R (4), Step L beside R (5), Step R in place (6)

S8. Forward 1/2 L Together, Back 1/2 L Together

1,2,3 Step forward on L (1), turning 1/2 L Step back on R (2), Step slightly back on L (3) 03:00
4,5,6 Step back on R (4), turning 1/2 L Step forward on L (5), Step slightly forward on R (6) 09:00

Tag. After wall 2 (facing 6:00), Add following 12 counts then restart dance (facing 6:00)

1,2,3 Cross / Step L over R (1), Step R to side (2), Step L beside R (3)
4,5,6 Cross / Step R over L (4), turning 1/4 R Step back on L (5), turning 1/4 R Step R to side (6)

1,2,3 Cross / Step L over R (1), Step R to side (2), Step L beside R (3)
4,5,6 Cross / Step R over L (4), turning 1/4 R Step back on L (5), turning 1/4 R Step R to side (6)

(email: bill_larson@hotmail.com)