

Mr. Sandman

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Susan Prats (USA) - February 2019
音樂: Mr. Sandman - The Chordettes



Begin 16 beats into music, right lead

STEP, SLIDE X 4

1-2 Step R to right (1), slide L next to R (2)
3-4 Step L to left (3), slide R next to L (4)
5-6 Step R to right (5), slide L next to R (6)
7-8 Step L to left (7), slide R next to L (8)

ROCKING CHAIR, V-STEP

1-4 Rock R forward (1), step L in place (2), rock R back (3), step L in place (4)
5-6 Step R to forward right (5), step L to forward left (6)
7-8 Step R back to center (7), step L next to R (8)

VINE RIGHT, KICK ACROSS, VINE LEFT, KICK ACROSS

1-4 Step R to right (1), step L behind R (2), step R to right (3), kick L across R (4)
5-8 Step L to left (5), step R behind L (6), step L to left (7), kick R across L (8)

V-STEP, HEEL BOUNCE 4 LEFT WITH 1/4 TURN LEFT

1-2 Step R to forward right (1), step L to forward left (2)
3-4 Step R back to center (3), step L next to R (4)
5-8 Heel bounce left 4--(5), (6),(7), (8) making 1/4 turn left (9:00)

Restart
