

Leave It Smokin'

COPPER KNOB
BY STEPSHEETS

拍數: 64 牆數: 1 級數: Phrased Improver
編舞者: Darria "Lady D" Thomas (USA) - May 2018
音樂: Leave It Smokin' - Tamia



Sequence: A-A-A-B-A-A-B-A-A-B-B

Part A: 32 COUNTS

A[1-8] CHA CHA BASIC, 1/4 TURN SHUFFLE, WALK

1&2, 3-4 Step R fwd, Step L beside R, Step R fwd, Step L fwd, Rock back on R
5&6, 7-8 1/4 Turn Left Stepping L to side, Step R together, Step L to side, Walk fwd R, L

A[9-16] CHA CHA BASIC, 1/2 TURN SHUFFLE, WALK

1&2, 3-4 Step R fwd, Step L beside R, Step R fwd, Step L fwd, Rock back on R
5&6, 7-8 1/4 Turn Left Stepping L to side, Step R together, 1/4 Turn Left Stepping L fwd, Walk fwd R, L

A[17-24] CHA CHA BASIC, 1/2 TURN SHUFFLE, WALK

1&2, 3-4 Step R fwd, Step L beside R, Step R fwd, Step L fwd, Rock back on R
5&6, 7-8 1/4 Turn Left Stepping L to side, Step R together, 1/4 Turn Left Stepping L fwd, Walk fwd R, L

A[25-32] 1/4 JAZZ BOX WITH SHUFFLE, CROSS ROCK, SHUFFLE

1-2, 3&4 Step R across L, Step L back with 1/4 Turn to R, Step R to side, Step L together, Step R to side
5-6, 7&8 Step L across R, Rock back on R, Step L to side, Step R together, Step L to side

PART B: 32 COUNTS

B[33-40] BODY ROLLS BACK

1-4 Step back on R, Roll weight from hips up to shoulders pressing weight slightly to L, repeat
5-8 Step back on L, Roll weight from hips up to shoulders pressing weight slightly to R, repeat

B[41-48] SAILOR SHUFFLE, 1/4 TURN SAILOR SHUFFLE, SAILOR SHUFFLE, 1/4 TURN SAILOR SHUFFLE [end facing 6 o'clock]

1&2, 3&4 Step R behind L, Step L to side, Step R to side, Step L behind R, Turn 1/4 to L stepping R to side, Step L to side
5&6, 7&8 Step R behind L, Step L to side, Step R to side, Step L behind R, Turn 1/4 to L stepping R to side, Step L to side

B[49-56] BODY ROLLS BACK

1-4 Step back on R, Roll weight from hips up to shoulders pressing weight slightly to L, repeat
5-8 Step back on L, Roll weight from hips up to shoulders pressing weight slightly to R, repeat

B[57-64] SAILOR SHUFFLE, 1/4 TURN SAILOR SHUFFLE, SAILOR SHUFFLE, 1/4 TURN SAILOR SHUFFLE [end facing 12 o'clock]

1&2, 3&4 Step R behind L, Step L to side, Step R to side, Step L behind R, Turn 1/4 to L stepping R to side, Step L to side
5&6, 7&8 Step R behind L, Step L to side, Step R to side, Step L behind R, Turn 1/4 to L stepping R to side, Step L to side

Taught at the NE Soul Line Dance Workshop, May 5, 2018

Step sheet written and Submitted by Steve Cavanaugh: steve@appleblossom.net

