

Radio Heartbreak

COPPER KNOB
BY STEPHEN

拍數: 32
編舞者: Jo Myers (UK) - February 2019

牆數: 4

級數: Absolute Beginner

音樂: Heartbreak Radio - Cam, Roy Orbison & Royal Philharmonic Orchestra : (iTunes)



(I Choreographed this to teach my Absolute Beginners Class to Chasse & Shuffle)

SEC 1: R CHASSE, BACK ROCK, L CHASSE, BACK ROCK

1&2 Step right to right side, Step left next to right, Step right to right side
3-4 Cross rock left behind right, Recover on right
5&6 Step left to left side, Step right next to left, Step left to left side
7-8 Cross rock right behind left, Recover on left

SEC 2: SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK, ROCK STEP

1&2 Step forward on right, Step left next to right, Step forward on right
3-4 Rock forward onto left, Recover back onto right
5&6 Step back on left, Step back on right next to left, Step back on left
7-8 Rock back on right, Recover on left

SEC 3: CROSS POINT, CROSS TAP BACK, 3 WALKS BACK, HITCH

1-2 Cross right over left, Point left to left side
3-4 Cross left over right, Tap right toe behind left foot
5-6 Walk back on right, Walk back on left
7-8 Walk back on right, Hitch up on left

SEC 4: HIP BUMPS FORWARD AND BACK, HITCH AND TURN 1/4

1&2 Step forward left, Bump hips left right left
3&4 Step back on right, Bumping hips right left right
5-6 Bump hips forward onto left, Bump hips back
7-8 Bump forward onto left foot, Hitch right making 1/4 turn left facing 9 o'clock

No Tags Or Restarts. Enjoy !!