

Gotta Pack

COPPER KNOB
STEPSHETS

拍數: 32 牆數: 4 級數: Low Improver
編舞者: Roger Neff (USA) - February 2019
音樂: Pack Up the Louie - Caro Emerald



Restart: 1 restart on wall 4 after 24 counts

Intro: 16 counts

[1-8] R AND L TOE STRUTS TO THE R, SIDE TOGETHER SIDE, CROSS MAMBO, CROSS SHUFFLE TO THE L

1&2& Step to R on ball of foot, Drop heel, Step L over R on ball of foot, Drop heel
3&4 Step to R, Close L, Step to R
5&6,7&8 Cross L over R, Recover on R, Step L beside R, Step R over L, Step to L, Step R over L

[9-16] L TOE STRUT, R TOE STRUT OVER LF, SIDE MAMBO, SCUFF, HEEL SPLITS X 2 WITH SCUFF

1&2& Step to L on ball of foot, Drop heel, Step R over L on ball of foot, Drop heel
3&4& Rock to L, Recover on R, Close L, Scuff RF
5&6&7&8 Step on R slightly ahead of L, Split both heels, Scuff LF, Step on L slightly ahead of RF, Split both heels

[17-24] R FWD MAMBO, SAILOR ¼ TURN, ZIG ZAG STEPS BACK

1&2 Rock forward on R, Recover on L, Step back on R
3&4 Step L behind R, Turn ¼ to L and step on R beside L, Step forward on L
5&6&7&8& Step diagonally R forward, Touch L beside R, Step diagonally L back, Touch R beside L, Step diagonally R back, Touch L beside R, Step diagonally L back, Touch R beside L

RESTART HERE ON WALL 4. YOU WILL BE FACING 12:00 FOR THE RESTART.

[25-32] STEP TO R, STEP L BEHIND, HEEL JACK, STEP TO L, DRAG RF, BALL, CROSS SHUFFLE

1-2&3&4 Step to R, Step L behind R, Step on R, Touch L heel forward, Step back on L, Step R over L
5-6&7&8 Take long step to L, Drag R to L (6), Step on ball of RF, Step L over R, Step to R, Step L over R

Contact Roger at: lingofun@sbcglobal.net