Royals

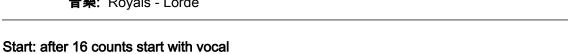


拍數: 64 牆數: 3 級數: Phrased Intermediate

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音樂: Royals - Lorde

Sequence: A,A,B,Tag,A,A,B,A,B



Part A

AS1: Left Cross Left, Sway X2, Right, Cross&Hitch, Cross, Rock Recover

1234& LF L(1), RF cross LF(2), LF L(3) with RF on toe, weight shift on RF with LF on toe(4), weight

shift on LF with RF on toe(&) (styling: for 4&, flip the elbow out on the body weight side, down

on another side, supporting foot twist and knee bent a little bit)

5678& RF R(5), LF step behind RF which hitch the same time(6), RF cross behind LF(7), LF rock

back diagonally(8), recover(&) (12:00)

AS2: Step & Swing, Forward, Tap on Toe, Alternate Toe/Heel X2, Weave And Turn, Forward, Forward, Together

1234& LF together while RF swing forward diagonally(1), R 1/2 turn and RF forward(2), LF tap

forward on toe(3), LF heel down while RF heel up(4), LF heel up while RF heel down(&)

LF backward(5), R quarter turn and RF R(6), R quarter turn and LF forward(&), RF 56&78&

forward(7), LF forward(8), R 1/8 turn and RF together (9:00)

AS3: Cross, Out Out In In, Squat, Throw Hands, Up And Lean Forward, Lounge, Push back, Backward, Weave

12&3& LF cross RF(1), RF R on toe(2), LF L on toe(&), RF back in(3), LF back together(&)

4&56 Squat and face down(4) and arms cross in front, open arms and throw both hands back(&),

body up, chess pump and weight lean forward(5), LF lounge forward(6)

78& LF push the body backward(7), LF backward(8), R quarter turn and RF R(&) (12:00)

AS4: Pivot Turn, Forward, Forward, Forward, Hitch, Cross, Weave and Turn

123 R quarter turn and LF forward(1), R swivel 3/8 turn with RF on toe(2), RF forward(3)

4&5 LF forward(4), RF forward(&), LF hitch(5)

LF cross RF(6), R 1/2 turn and RF R(7), LF cross behind RF(&), RF R(8), R guarter turn and 67&8&

LF forward(&) (12:00) (in order to proceed to another Part A, make R half turn on RF after

count 8, and LF tap aside, RF on &)

Part B

BS1: Skate X4, Cross Rock Recover, Swivel, Sweep Cross, Weave

1234 RF forward diagonally(1), LF forward diagonally(2), RF forward diagonally(3), LF forward

diagonally(4)

56& RF rock cross LF(5), recover(6), R quarter turn and RF forward(&)

LF forward(7), RF cross LF(8), LF L(&) (3:00) 78&

BS2: Hitch Weave & Turn, Botafogo X2, Forward, Mambo

RF cross behind LF(1) and LF hitch, LF backward(2), R quarter turn and RF R(&) 12& 34&56& LF cross RF(3), RF R(4), LF slightly forward(&), RF cross LF(5), LF L(6), LF slightly

78& LF forward(7), RF rock forward(8), recover(&) (6:00)

BS3: Cross Sweep X4, Cross Unwind, Forward, Out Out Squat

1234 RF cross behind LF(1) and LF sweep back, LF cross behind RF(2) and RF sweep back, RF

cross behind LF(3) and LF sweep back, LF cross behind RF(4) and RF sweep back

5678& RF cross behind LF(5), unwind full R turn(6), RF forward(7), LF L(8), bend both knee and RF

R(&) (6:00)

BS4: Sway X4, Push Back, Coaster Cross, Rock Recover, Cross

1234 Upper body roll R(1), up a little bit and upper body roll L(2), up a little bit and upper body

R(3), up a little bit and upper body roll L(4)

L quarter turn and push body back(5), LF back(6), RF together(&), LF cross RF(7), RF rock

R(&), recover(8), RF cross LF(&) (3:00)

Tag(8 ct):

1234& LF L(1), RF cross LF(2), LF L(3) with RF on toe, weight shift on RF with LF on toe(4), weight

shift on LF with RF on toe(&) (styling: for 4&, flip the elbow out on the body weight side, down

on another side, supporting foot twist and knee bent a little bit)

5678& RF R(5), LF cross RF96), RF R(7) with LF on toe, weight shift on LF with RF on toe(8),

weight shift on RF with LF on toe(&) and R quarter turn ready for next Part A (styling: for 4&, flip the elbow out on the body weight side, down on another side, supporting foot twist and

knee bent a little bit)

Enjoy the dance!