

# Ella Me Besó

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Lars Kuif (NL) - February 2019  
音樂: Ella Me Besó - Elvis Crespo



Info: Starts after 16 counts

## [1 – 8] Rolling Vine R, (L Side, Together)2x

- 1 – 4       $\frac{1}{4}$  R stepping R fwd. (1),  $\frac{1}{2}$  R stepping L back (2),  $\frac{1}{4}$  R stepping R to side (3), touch L next to R (4) [12.00]  
5 – 8      Step L to side (5), step R next to L (6), step L to side (7), step R next to L (8) [12.00]

## [9 – 16] Rolling Vine L, R Side, Together, R Side, Touch

- 1 – 4       $\frac{1}{4}$  L stepping L fwd. (1),  $\frac{1}{2}$  L stepping R back (2),  $\frac{1}{4}$  L stepping L to side (3), touch R next to L (4) [12.00]  
5 – 8      Step R to side (5), step L next to R (6), step R to side (7), touch L next to R (8) [12.00]

## [17 – 24] L Step Fwd., $\frac{1}{2}$ R, Small Shuffles Fwd.

- 1 – 2      Step L fwd. (1),  $\frac{1}{2}$  R changing weight to RF (2) [06.00]  
3&4      Small step L fwd. (3), step R next to R (&), small step L fwd. (4) [06.00]  
5&6      Small step R fwd. (5), step L next to L (&), small step R fwd. (6) [06.00]  
7&8      Small step L fwd. (7), step R next to R (&), small step L fwd. (8) [06.00]

## [25 – 32] Heel Grind Into $\frac{1}{4}$ R Stepping L Back, Rock R Back, Step R Fwd., Touch, Step L Back, Touch

- 1 – 4      Dig R heel fwd. (1),  $\frac{1}{4}$  R stepping L back (2), rock R back (3), recover to L (4) [09.00]  
5 – 8      Step R fwd. (5), touch L next to R (6), step L back (7), touch R next to L (8) [09.00]

Use your hips if possible to make this dance more fun!

Questions: [larskuiflinedance@gmail.com](mailto:larskuiflinedance@gmail.com)