

Sing Me an Old Fashioned Song

拍數: 78 牆數: 4 級數: Phrased Improver
編舞者: Bjarne Hansen (DK) - January 2019
音樂: Sing Me an Old Fashioned Song - Niamh Lynn



Dance: A. B. C. Sequence: AA BB C A (30) Tag A BB C AA
Intro Count: 8. counts (on vocals)

A: Dance 40 count

Section A1. Weave, Cross Shuffle, Side Rock

1-2 Cross right foot over left foot, step left foot to left. (Knee Deep)
3-4 Step right foot behind left foot, step left foot to left.
5&6 Cross right foot over left foot, step left foot to left, cross right foot over left foot.
7-8 Rock left foot to left, step right foot to right.

Section A2. Weave, Cross Shuffle, Side Rock.

9-10 Cross left foot over right foot, step right foot to right. (Knee Deep)
11-12 Step left foot behind right foot, step right foot to right.
13&14 Cross left foot over right foot, step right foot to right, cross left foot over right foot.
15-16 Rock right foot to right, ¼ turn right, Step left foot back.

Section A3. 1/2 turn right, Step, Shuffle, Kick ball x2

17-18 ½ turn right, step forward on right foot, step forward on left foot.
19&20 Step right foot forward, step left foot beside right foot, step right foot forward.
21&22 Kick left foot, ball, chance.
23&24 Kick left foot, ball, chance.

Section A4. Step turn, 1/2 Shuffle turn right, Back Rock , Shuffle, Rock,

25-26 Step left foot forward, ½ pivot right.
27&28 Step left foot forward ¼ turn right, step right foot beside left foot, ¼ turn right step back on left foot. Begin B&C Dance wall: 3 Kl. 6:00
29-30 Rock back on right foot, step left foot forward. Tag after count 30 wall: 5 count: 31&32 (stomp right & left) Begin B&C Dance wall: 6 Kl. 3:00
31&32 Step right foot forward, step left foot beside right foot, step right foot forward.

Section A5. Cross Rock, 1/2 Shuffle turn x 2 left, Coaster step

33-34 Rock forward on left across right, rock back on right foot.
35&36 Step left foot back 1/4 turn left, step right foot beside left foot, ¼ turn left step left forward.
37&38 Step forward right foot ¼ turn left, left foot beside right foot, ¼ turn left step back on right foot.
39&40 Step left foot back, step right foot beside left foot, step left foot forward. Begin A Dance wall: 2, 4, 5,7,8,

B: Dance 16 count x 2

Section B6. Chasse, Back Rock, right & left

1&2 Step right foot to right, step left foot beside right foot, step right foot to right.
3-4 Back rock left foot, rock forward on right foot.
5&6 Step left foot to left, step right foot beside left foot, step left foot to left.
7-8 Back rock right foot, rock forward on left foot.

Section B7. Shuffle, Rock, forward & backward

9&10 Step right foot forward, step left foot beside right foot, step right foot forward.
11-12 Rock forward on left foot, rock back on right foot.
13&14 Step left foot back, step right foot beside left foot, step left foot back.

15-16 Back rock right foot, rock forward on left foot.

C: Dance 6 count

Section C8. Paddle turn left x 3

1-2 Step right foot forward, $\frac{1}{4}$ turn left.

3-4 Step right foot forward, $\frac{1}{4}$ turn left.

5-6 Step right foot forward, $\frac{1}{4}$ turn left. Begin A Dance again

Ending: Repeat count 1-6 on A Dance and cross left over right foot
