

This Feeling

拍數: 32 牆數: 2 級數: Intermediate
編舞者: Steve Carlson (USA) - February 2019
音樂: This Feeling (feat. Kelsea Ballerini) - The Chainsmokers



This dance is fun, yet deceptively tricky with triple step motions to the corners of the room and step tempo changes.

[1st 8 count] Right walk back, Cha Cha reverse, Left walk back, Cha Cha reverse

1,2, Step right foot back to oblique back right corner; step back left foot next to right
3&4 Step right back, Step left foot behind, Step Right foot back (Reverse Cha Cha)
5,6, Step back left foot back to oblique back left corner; step back right foot next to left
7&8 Step left back, step right foot behind, step left foot back (Reverse Cha Cha)

[2nd 8 Count, 9-16] Right shuffle forward, Left shuffle half turn, right shuffle backwards, Left Rock back and recover on right foot

1&2 Right shuffle forward to right oblique corner (Right , Left , Right)
3&4 Step left foot forward, step right foot next to left, step left behind right (Left shuffle half turn)
5&6 Right step behind, Left step behind, Right step behind
7, 8 Left Rock back and recover weight on right foot

(2nd 8 count ends facing oblique left corner between 7&8 o'clock from home starting wall)

[3rd 8 Count, 17-24] Left forward turning shuffle, Right forward turning shuffle (Full turn 1-4)Left Rock recover right, Left Coaster step to face back wall

1 & 2 Left forward shuffle (start natural full turn),
3 & 4 Right forward shuffle (R, L, R)
5 , 6 Left Rock forward (crossing Left foot over right foot), recover back on right foot
7 & 8 Left foot forward, recover back on right, & left foot forward to face back wall (Left Coaster Step)

[4th 8 Count, 25-32] Right Shuffle, Left Sailor Step, Left out, Right behind, Triple Step unwind

1, & 2 Right foot out to right, left foot next to right, right foot out to right side
3, 4 Left sailor step behind right and recover weight onto right foot
5, 6 Left foot step out(to point before sailor step) , Right step behind left(5th position)
7 & 8 Left foot out to left, Right foot cross over left, Left foot out squaring up to back wall

No Tags, Enjoy and please email me your comments to: cowboystevelinedance@gmail.com

I hope you enjoy this dance and song as much as I do. Thank You for your feedback!