

Heartaches

COPPER KNOB
BY SHEETS

拍數: 64 牆數: 4 級數: Improver
編舞者: Chris Jackson (UK) - February 2019
音樂: Heartaches - Chris Norman : (amazon)



***1 easy tag, 1 restart. 36-count intro, start on vocals, weight on right.**

SECTION ONE: SIDE, TOGETHER, SHUFFLE FORWARD, SIDE, TOUCH, SHUFFLE A QUARTER

1, 2, 3&4 Left to left side, right next to left, forward left, right next to left, forward left
5, 6, 7&8 Right to right side, touch left next to right, make a quarter turn left stepping forward on left, right next to left, forward left (9.0)

SECTION TWO: SIDE, TOGETHER, SHUFFLE FORWARD, SIDE, BEHIND, BALL-CROSS, SIDE

1, 2, 3&4 Right to right side, left next to right, forward right, left next to right, forward right
5, 6, &7, 8 Left to left side, right behind left, small step left to left side (&), cross right over left, left to left side

SECTION THREE: BACK AND FORWARD AND TOUCH TURN, SHUFFLE FORWARD

1, 2, 3, 4 Rock back on right, recover on left, rock forward on right, recover on left
5, 6, 7&8 Touch right back, unwind a half turn to your right (weight forward on right), forward left, right next to left, forward left (3.0)

SECTION FOUR: CROSS, BACK, SIDE, CROSS, BACK, SIDE, CROSS SHUFFLE

1, 2, 3, 4 Cross right over left, step back on left, right to right side, cross left over right
5, 6, 7&8 Step back on right, left to left side, cross right over left, left to left side, cross right over left

RESTART HERE during Wall 5 facing 3.0

SECTION FIVE: LONG STEP AND BACK ROCK, SIDE, BEHIND, SIDE, IN FRONT

1-2, 3, 4 Take a long step left to left side over a count of two, rock back on right, recover on left
5, 6, 7, 8 Right to right side, cross left behind right, right to right side, cross left over right

SECTION SIX: LONG STEP AND ROCK TURN, SHUFFLE FORWARD, PIVOT A QUARTER

1-2, 3, 4 Take a long step right to right side over a count of two, make a quarter turn left as you rock back on left, recover on right (12.0)
5&6, 7, 8 Forward left, right next to left, forward left, step forward right, pivot a quarter turn left (9.0)

SECTION SEVEN: IN FRONT, SIDE, BEHIND, POINT, CROSS, POINT, CROSS POINT

1, 2, 3, 4 Cross right over left, left to left side, cross right behind left, point left to left side
5, 6, 7, 8 Cross left over right, point right to right side, cross right over left, point left to left side

SECTION EIGHT: FORWARD ROCK, SHUFFLE HALF TURN, SHUFFLE HALF TURN, BACK ROCK

1, 2, 3&4 Rock forward on left, recover on right, shuffle a half turn left L/R/L
5&6, 7, 8 shuffle a half turn left R/L/R, rock back on left, recover on right

EASY TAG HERE at the end of Wall 2 facing 6.0

1, 2, 3, 4 Left to left side, touch right next to left, right to right side, touch left next to right.

ENDING: Keep on dancing through the 'fade-out' to end facing front!