

Excuse Me

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Eun Mi Lim (KOR) & S.E.A of love (KOR) - February 2019
音樂: Excuse Me (익스큐즈미) - AOA



Intro: #32 Counts (approx. 18secs). No Tags, No Restarts!

(S1) R Weave, R Kick, R Behind, L Side, R Cross.

1-2 Step R to right side, Cross L behind R.
3-4 Step R to right side, Cross L over R.
5-6 Kick R diagonal forward to right with push arms diagonal forward to right, Cross R behind L.
7-8 Step L to left side, Cross R over L.

(S2) L Chasse, Rock Back/Recover, R Touch, L Touch.

1&2 Step L to left side, Step R next to L, Step L to left side.
3-4 Rock back on R, Recover on L.
5-6 Touch R forward with Hip roll, Step R next to L.
7-8 Touch L forward with Hip roll, Step L next to R.

(S3) R Forward, L Touch, L Touch, 1/4 L & L Hitch, Rock Forward/Recover, Rock Back Shuffle.

1-2 Step forward on R, Touch L forward.
3-4 Touch L back, 1/4turn left with hitch L knee. (9:00)
5-6 Rock forward on L, Recover on R.
7&8 Step back on L, Lock R over L, Step back on L.

(S4) R Point, Turn 1/4 R & Together, Kick-Ball-Touch, R Point, Turn 1/4 R & Together, Hips Roll.

1-2 Point R toe out to right side, Turn 1/4 R Stepping R next to L. (12:00)
3&4 Kick L forward, Step L beside R, Touch R in place.
5-6 Point R toe out to right side, Turn 1/4 R Stepping R next to L. (3:00)
7-8 Roll hips in a full circle anti-clockwise for 2 counts (end weight on L).

Enjoy Dancing Always!

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