Take Me Out to the BALL GAME!



拍數: 64 牆數: 1 級數: Easy Beginner

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音樂: Take Me Out to the Ball Game - Bernell James



S:1 CHARLESTON STEPS X 2

1-2	Step RF forward, Kick LF forward
3-4	Step LF back, Touch RF back
5-6	Step RF forward, Kick LF forward
7-8	Step LF back, Touch RF back

S:2 K STEP, 1/4 PIVOT LEFT, BRUSH RF

1-2	Step RF diagonally forward, Touch LF beside RF
3-4	Step LF diagonally back, Touch RF beside LF
5-6	Step RF diagonally back, Touch LF beside RF

7-8 Step LF diagonally forward 1/4 Pivot left, Brush RF beside LF

S:3&4: REPEAT S:1&2

S:5 MODIFIED RUMBA BOX FWD

1-4	Step RF to right side, Step LF beside RF, Step RF toes forward, Step RF heel down
5-8	Step LF to left side, Step RF beside LF, Step LF toes forward, Step LF heel down

S:6 ALTERNATE STEP-KICKS BACK

1-2	Step RF beside L, Kick LF forward
3-4	Step LF back, Kick RF forward
5-6	Step RF back, Kick LF forward
7-8	Step LF back, Kick RF forward

S:7 SCISSORS FWD X 2 (RL)

1-4	RF Step R, LF Recover, RF crosses LF and Hold (push and cross)
5-8	LF Step L, RF Recover, LF crosses RF and Hold (push and cross)

S:8 TWIST TURN 1/2 L (OPTIONAL RH BALL PITCH), RF KICK-BALL CHANGE

1-4	Cross RF over L, hold, Untwist the feet 1/2 pivot Left
5-8	Kick RF forward, Step RF together, Step LF together, hold

Note: We only ever had one sleepover at my Grandparents apartment... my Brother and I were singing this at the top of our lungs, and the irate neighbours pounded on the wall ... oops!!! So this one's for you Peter....

REPEAT - No Tags, No Restarts

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