

The Last Thing On My Mind

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner / Improver
編舞者: Irene Deng (TW) - February 2019
音樂: The Last Thing On My Mind - Johnny Brady



Intro: 32 count (Start on lyrics " lesson ")

Restarts : -

After 16& count during wall 5 (facing 9:00 restart)

After 8 count during wall 9 (facing 12:00 restart)

Sec 1: WALK FORWARD RF LF, CHASSES, CROSS ROCK, RECOVER , 1/4 TURN L, COASTER

1 2 3& 4 Walk fwd Rf Lf, Step Rf to R, Step Lf next to Rf, Step Rf to R

5 6 7&8 Rock Lf cross over Rf, Recover onto Rf, Making 1/4 turn L, Step Lf back , step Rf beside Lf, step Lf fwd (9:00)

Sec 2: CROSS SAMBA X2, SWEEP BACK X2, COASTER

1 2&, 3 4& Cross Rf over Lf, Step Lf to left, Replace onto Rf, Cross Lf over Rf, Step Rf to R, Replace onto Lf

5 6, 7&8 Sweep Rf back, Sweep Lf back, Step Rf back, Step Lf beside Rf, Step Rf fwd

Sec 3: SIDE, WEAVE, TOE, HEEL, STOMP FWD, TOE , HEEL, STOMP FWD

1 2&3&4& Step Lf to left(1), Behind Rf over Lf(2), Step Lf to left(&), Cross Rf over Lf(3) , Step Lf to left(&), Behind Rf over Lf (4),, Step Lf to left(&)

5&6 7&8 Rf toe heel Stomp, Lf toe heel stomp

Sec 4 : MAMBO FWD, MAMBO BACK, PIVOVT 1/4 L, CROSS, CHASSES

1&2 3&4 Rock Rf fwd, recover onto Lf, Step Rf back , Rock Lf back , Recover onto Rf, Step Lf fwd

5&6 7&8 Step Rf fwd Pivolt 1/4 turn L, Recover onto Lf, Cross Rf over Lf, Step Lf to L, Step Rf next to Lf, Step Lf to L (6:00)

Note - Wall 5 (16& count): after section 2 end, step Lf forward(&), Restart wall 6

Enjoy ! Have fun !

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