

# La Paloma Tango

**COPPER KNOB**  
STEPSHEETS

拍數: 40      牆數: 2      級數: Intermediate  
編舞者: Helaine Norman (USA) - February 2019  
音樂: La Paloma - Milton Isejima  
或: other bolero rhythm song



**Intro: 32 counts - No Tags Or Restarts**

**Note: Pose in a stance before beginning of dance. End with same stance.**  
**STANCE: Point right side with weight on left, arms out to side.**

## **I. (BE IN STANCE BEFORE BEGINNING) REVERSE WEAVE, POINT; CROSS, POINT, HOLD, IN-OUT**

1-2-3      (Posed in stance to begin) Step R behind L, step L side, cross R over L  
4      Point L side  
5-6      Cross L over R, point R side  
7      Hold  
&8      Touch R together, touch R side

## **II. BACK HOLD, BACK HOLD; ROCK RECOVER, STEP, HOLD**

1-2      Step R back  
3-4      Step L back  
5-6      Rock R back, recover on L  
7-8      Step R forward, hold

**Optional styling for 1-4: Sweeps with steps**

## **III. FORWARD HOLD, FORWARD HOLD; ROCK RECOVER, SWEEP**

1-2      Step L forward, hold  
3-4      Step R forward, hold  
5-6      Rock L forward, recover on R  
7-8      Step L back, sweep R side

**Optional styling for 1-4: Sweeps with steps**

## **IV. BEHIND, ¼ TURN STEP STEP, FLICK; BEHIND, ½ TURN STEP STEP, FLICK**

1-3      Step R behind, 1/4 turn left and step L, step R together (9:00)  
4      Flick L behind  
5-7      Step L behind, ½ turn right and step R, step L together (3:00)  
8      Flick R behind

## **V. FORWARD HOLD, STEP STEP; BEHIND, ¼ TURN, STEP STEP HOLD (ENDING IN STANCE)**

1-2      Step R forward, hold  
3-4      Step L back, step R together  
5-6      Step L behind, 1/4 turn right and step (with sway) R side (6:00)  
7-8      Step L side (with sway), hold (finish posed in the stance)

**REPEAT**

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