

# How's It Feel

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Will Craig (USA) - January 2019  
音樂: Without Me - Halsey



## #16 Count Intro

### Night Club Basic Right, Forward Rock Recover, Back Lock, Back Back Lock 1/2 Turn

1 2&      Step R to right side (1) Rock L behind R (2) Recover weight to R (&)  
3 4&      Step L forward (3) Rock R forward (4) Recover L (&)  
5 6&      Cross R over L (5) Step back L (6) Step back R (&)  
7&8&      Cross L over R (7) Step back R (&) Make 1/4 turn left stepping L to left side (8) Make 1/4 turn left stepping R next to L (&) (6:00)

### Step Sweep, Cross Side Behind Sweep, Behind Side Cross, Side Cross, 1/2 Side Cross

1 2&      Step L forward while sweeping R from back to front (1) Cross R over L (2) Step L to left side (&)  
3 4&      Step R behind L while sweeping L from front to back (3) Step L behind R (4) Step R to right side (&)  
5 6&      Cross L over R (5) Step R to right side (6) Cross L over R (&)  
7 8&      Put weight on R while making 1/2 turn left (7) Step L to left side (8) Cross R over L (&) (12:00)

### Side Step Arm Wave Across Body and Back Down, Rock Recover, 1/2 Turn, Side Step Arm Wave Across Body and Back Down, Coaster Step

1 2      Step L to left side taking right arm from waist in a rolling motion up to left shoulder (1) Rolling arm back down to waist ending weight to R (2)  
3&4      Rock L behind R (3) Recover to R (&) putting weight to L make 1/2 turn right (4) (6:00)  
5 6      Step R to right side taking left arm from waist in a rolling motion up to right shoulder (5) Rolling arm back down to waist ending weight to L (6)  
7&8      Step R back (7) Step L next to R (&) Step R forward (8)

### Step Lock Step, Rock 1/4 Cross, 1/4 turn, 1/4 turn, Cross and Cross

1&2      Step L forward (1) Lock R behind L (&) Step L forward (2)  
3&4      Step forward R (3) make 1/4 turn left weight to L (&) Cross R over L (4) (3:00)  
5 6      Make 1/4 turn right stepping L back (5) Make 1/4 turn right stepping R to right side (6) (9:00)  
7&8      Cross L over R (7) R to right side (&) Cross L over R (8)

**REPEATS: AFTER WALL 2 and 4 you repeat the last 16 counts.**

**You change counts 31 & 32 to:**

7&8      Cross Rock L over R (7) Recover to R (&) Step L to left side (8)

**Go into last 16 counts by adding a & count**

### Side Step Arm Wave Across Body and Back Down, Rock Recover, 1/2 Turn, Side Step Arm Wave Across Body and Back Down, Coaster Step

&1 2      Step R next L (&) Step L to left side taking right arm from waist in a rolling motion up to left shoulder (1) Rolling arm back down to waist ending weight to R (2)  
3&4      Rock L behind R (3) Recover to R (&) putting weight to L make 1/2 turn right (4)  
5 6      Step R to right side taking left arm from waist in a rolling motion up to right shoulder (5) Rolling arm back down to waist ending weight to L (6)  
7&8      Step R back (7) Step L next to R (&) Step R forward (8)

### Step Lock Step, Rock 1/4 Cross, 1/4 turn, 1/4 turn, Cross and Cross

1&2      Step L forward (1) Lock R behind L (&) Step L forward (2)

3&4 Step forward R (3) make 1/4 turn left weight to L (&) Cross R over L (4)  
5 6 Make 1/4 turn right stepping L back (5) Make 1/4 turn right stepping R to right side (6)  
7&8 Cross L over R (7) R to right side (&) Cross L over R (8)

**Restart: Wall 5 dance till count 16**

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