

Just another LEMON TREE ..

COPPER KNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: High Beginner
編舞者: Val Saari (CAN) - February 2019
音樂: Lemon Tree - Weihnachten Baby



DIAGONAL HEEL-STRUT/SLIDES X 2 (RL)

- 1-2 Step RF heel diagonally forward (1:00), Step toes down
- 3-4 Lift LF heel and slide toes to touch beside RF instep
- 5-6 Step LF heel diagonally forward (11:00), Step toes down
- 7-8 Lift RF heel and slide toes to touch beside LF instep

TOE STRUT V-STEP

- 1-4 Touch RF toe diagonally forward (1:00), Step heel down, Touch LF toe diagonally forward (11:00), Step heel down
- 5-8 Touch RF toe behind to centre, Step heel down, Touch LF toe beside R, Step heel down

RF MODIFIED CROSS MAMBO BACK, TAP LF BEHIND

- 1-2 RF Cross behind L, LF Recover weight
- 3-4 Step RF toes right, Step heel down
- 5-6 LF Tap behind R, hold
- 7-8 LF Recover weight, hold

RF TOE-STRUT MODIFIED JAZZ BOX 1/4 PIVOT R, RF MAMBO BACK

- 1-2 Touch RF toes over L Pivot 1/4 R, Drop R heel down
- 3-4 Step LF left on toes, LF heel down
- 5-6 Rock RF back, Recover LF
- 7-8 Step RF beside L, Hold

MAMBO LEFT, MAMBO RIGHT

- 1-4 LF Rock side left, RF recover, LF close together beside R & hold
- 5-8 RF Rock side right, LF recover, RF close together beside L & hold (weight on LF)

R HEEL-STEP FWD, PIVOT 1/2 L, R SIDE KICK-BALL CHANGE

- 1-2 Step RF heel forward, step heel down
- 3-4 Pivot 1/2 Left, hold (weight on LF)
- 5-6 Kick right to right, step right next to left
- 7-8 Step LF in place, hold

REPEAT - No Tags, No Restarts

Email: valeriesaari@icloud.com - Phone: 1-905-246-5027