

# Nothing Breaks Like a Heart AB

**COPPER** KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Annette Lapp (DK) & Annemaree Sleeth (AUS) - February 2019  
音樂: Nothing Breaks Like a Heart (feat. Miley Cyrus) - Mark Ronson : (Single - iTunes)



This dance is an absolute beginner dance, but you can make some options, and then you get a beginner dance.

You can choose to dance the dance without restarts or choose to make a restart on wall 2 after 24 count, and wall 6 after 16 count

**Intro: 48 Count**

## **Cross Rock Right, Chasse Right, Cross Rock, Chasse Left**

1 – 2      Cross right over left, recover onto left,  
3 & 4      Step right to right, left beside right, step right to right  
5 – 6      Cross left over right, recover onto right  
7 & 8      Step left to left, right beside left, step left to left

## **Heel, Toe Right, Shuffle Forward, Heel Toe Left, Shuffle Forward**

1 - 2      Step right heel forward, step right toe back  
3 & 4      Step right forward, left beside right, step right forward  
5 – 6      Step left heel forward, step left toe back  
7 & 8      Step left forward, right beside left step left forward

**\*Option: Make a restart after 16 count on wall 6 (12.00)**

## **Rock, Recover, Shuffle Back, Rock, Recover, Shuffle Forward**

1 – 2      Rock right forward, recover onto left  
3 & 4      Step right back, left beside right, step right back  
5 – 6      Rock left back, recover onto right  
7 & 8      Step left forward, right beside left, step left forward

**\*Option: Make a restart here on wall 2 (09.00)**

**Option : for more experienced dancers section 3**

**Rock, Recover (1 – 2), ½ Shuffle Right ( 3 & 4), Step Turn (5 – 6), Shuffle Forward ( 7 - 8)**

**Weave Left, ¼ Turn Left Point Left, Weave Right, Point Right**

1 – 2      Cross right over left, step left to left  
3 – 4      Step right behind left, turning ¼ left and point left to left side  
5 – 6      Cross left over right, step right to right  
7 – 8      Step left behind right, point right to right side

## **Easier Option**

**Weave Left ¼, Vine Recover**

1 – 4      Cross R Over L, Step L Side, Step R Behind L, Turn ¼ L Step On L  
5 – 8      Step Right Side, Cross L Behind R, Step R Side, Recover to L

**( Gives You The Momentum To Cross To Start)**

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Last Update - 1st March 2019