

It's Not Just Me

COPPER **KNOB**
STEPSHEETS

拍數: 48 牆數: 2 級數: Easy Intermediate
編舞者: Teresa Lawrence (UK) & Vera Fisher (UK) - February 2019
音樂: It's Not Just Me - Ward Thomas : (iTunes)



ROCK & CROSS x2, WEAVE, ROCK 1/4 STEP.

1&2-3&4 Side rock R, replace weight, cross R over L. Side rock L, replace weight, cross L over R.
5&6&7&8 R to side, L behind, R to side, cross L over, rock R to R side, replace weight making 1/4 turn
L stepping fwd on L, step fwd on R. (9)

WALK WALK MAMBO STEP, WALK BACK BACK MAMBO BACK SIDE.

1-2-3&4 Walk fwd L,R, rock fwd on L, replace weight, step slightly back on L.
5-6-7&8 Walk back R,L, rock back on R, replace weight, step slightly to R side on R. (9)

CROSS ROCK REPLACE SIDE, CROSS ROCK REPLACE 1/4, SYNCOPATED LOCKS

1&2-3&4 Cross rock L over R, replace weight, step L to L side, cross rock R over L, replace weight,
make 1/4 turn R stepping fwd on R. (12)
5&6&7&8 Step L fwd to slight L diagonal, lock R behind, step L fwd to slight L diagonal, step R fwd to
slight R diagonal, lock L behind, step R fwd to slight R diagonal, step fwd on L. (12)

ROCK REPLACE TRIPLE 1/2 TURN x2

1-2-3&4 Rock fwd on R, replace weight, triple 1/2 turn over your R shoulder R,L,R (6)
5-6-7&8 Rock fwd on L, replace weight, triple 1/2 turn over your L shoulder L,R,L * (12)

RESTART HERE WALL 4 FACING 6 o'clock

SAMBA 1/4 TURN, SAILOR 1/4 TURN, HEEL SWITCHES.

1&2-3&4 Cross R over L, make 1/4 turn R stepping back on L, step R to R side, cross L behind R,
making 1/4 turn R step R to R side, step slightly fwd on L.

5&6&7&8& Heel switches fwd R&L&R&L& (6) *

RESTART HERE ON WALL 2 FACING 12 o'clock

SIDE ROCK REPLACE CROSS SHUFFLE, SIDE ROCK CROSS WEAVE.

1-2-3&4 Side rock R, replace weight, cross shuffle R over L stepping R,L,R
5&6&7&8 Rock L to L side, replace weight, cross L over right, R to side, cross L behind, R to side,
cross L over R.

There are 2 easy to hear Restarts in this dance.

First on wall 2 facing 12 o'clock.

Second is done on wall 4 facing 6 o'clock

To give the dance an optional ending, you dance right to the end of the 48 counts with L over R and just unwind to the front! Thank you

Contact: 07595 322839. tnvinfo@aol.com