

# My Country and I

COPPERKNOB  
BY SHEETS

拍數: 16      牆數: 4      級數: High Beginner Rolling count  
編舞者: Diana Liang (CN) - February 2019  
音樂: Wo He Wo De Zu Guo (我和我的祖國) - Chang Yong (廖昌永) & Tan Jing (譚晶)



Sequence: 16, 16, 18, 14, 16, 16, 18, 18, 8  
Step in on Lyric.

**S1: Side Drag, 1/4 RT Shuffle Back, Coaster, Forward 1/4 LT Sweep Forward, Cross Sweep, Cross Side Point, Back 1/4 LT Sweep Back, Coaster**

1                    Rf side on 1 while dragging Lf to Rf  
2&a                1/4 RT Lf back on 2, Rf lock front on &, Lf back on a, 3h  
3&a                Rf back on 3, Lf together on &, Rf forward on a  
4                    Lf forward on 4 while making ¼ LT and Rf sweeping forward 12h  
5                    Rf cross on 5 while Lf sweeping forward  
6&                 Lf cross on 6, Rf side point on &  
7                    Rf back on 7 while Lf sweeping back with 1/4 LT, 9h  
8&a                Lf back on 8, Rf together on &, Lf forward on a

**(2 counts bridge here on Wall 3,4,7,8)**

**S2: Side Drag RL, 1/8 LT Back Back 1/8 LT Back, 1/8 LT Forward Forward 1/8 LT Forward, 1/8 LT Back, 3/8 LT Shuffle Forward, Forward, 1/2 RT Shuffle Forward**

1                    Rf side on 1 while Lf dragging to Rf  
2                    Lf side on 2 while Rf dragging to Lf  
3&a                1/8 LT Rf back on 3, Lf back on &, 1/8 LT Rf back on a, 6h  
4&a                1/8 LT Lf forward on 4, Rf forward on &, 1/8 LT Lf forward on a, 3h  
**(Restart here on Wall 4)**  
5                    1/8 LT Rf back on 5,  
6&a 2              /8 LT Lf beside Rf on 6, Rf together on &, 1/8 LT Lf forward on a, 9h  
7                    Rf forward  
8&a                1/4 RT Lf recover on 8, 1/4 RT Rf slightly forward on &, Lf forward on a, 3h

**Bridge: = 1,2 of S2**

**On wall 3,4,7,8, insert 2 counts side drag RL between S1 and S2**

1                    Rf side on 1 while Lf dragging to Rf  
2                    Lf side on 2 while Rf dragging to Lf

**Restart: on Wall 4, only dance upto 14 counts, then restart**

**Ending: on Wall 9, replace 8&a of S1 with coaster 1/4 RT, then pose to finish**

8&a                Lf back on 8, Rf together on &, 1/4 RT Lf side and pose to 12h

Thanks and happy dancing!

Contact: [procankm@hotmail.com](mailto:procankm@hotmail.com)