

Cha Cha In Pink

COPPER **KNOB**
BY STEPHEN

拍數: 32 牆數: 1 級數: Absolute Beginner
編舞者: Breast Cancer Support Group Johor Bahru (MY) - February 2019
音樂: Cherry Pink Cha Cha - Anastacio Mamaril and his Orchestra



Start the dance after the long 'ta-da-da-da' Start count 1 on the strong beat you can hear it in the music

Restart : Wall 6 after 28 counts you can hear it in the music

Wall 8 : there is a long 'ta-da-da-da' , drag the hip semi-circle until the strong beat to start the dance again You can hear it in the music

This dance was choreographed to commemorate the 15th. year of the BCSGJB as an NGO.

(1-8) Forward Back Back Hold Back Forward Forward Hold

1234 Step R forward Recover on L Step R back Hold

5678 Step L back Recover on R Step L forward Hold

(9-16) Cross Recover Side Hold Cross Recover Side Hold

1234 Cross R over L Recover on L Step R to R side Hold

5678 Cross L over R Recover on R Step L to L side Hold

(17-24) Forward Back Back Hold Back Forward Touch Hook

1234 Step R forward Recover on L Step R back Hold

5678 Step L back Step R forward Touch L forward Hook L across R leg (weight is on R foot)

(25-32) Side Recover Step Hold Stomp Hip roll semi-circle clockwise

1234 Step L to L side Recover on R Step L next to R Hold

5678 Stomp R to R side and make a hip roll semi-circle clockwise from R foot to L foot

START AGAIN AND ENJOY

NOTE: For the experienced line dancers, they can do the 'cha-cha' steps instead of the 'Hold' steps.

This line dance was choreographed to be an 'inclusive' dance where absolute beginners can dance along with experienced line dancers who can choose to add their own variations and styling. This is in line with the BCSGJB's motto "Reaching Out"

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