

# Solo Dance

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Mamalinedance Mei Kwo (USA) - February 2019  
音樂: Solo Dance - Martin Jensen



Intro: 32 counts to start on the words "on my own"

Music link: <https://itunes.apple.com/us/album/solo-dance/1171252034?i=1171252143>

## WALK(RIGHT), WALK(LEFT), RIGHT SHUFFLE FWD (R-L-R), STEP L FORWARD, PIVOT 1/2 TURN RIGHT. SHUFFLE FORWARD (L-R-L)

1-2            Step forward on R, Step forward on L  
3&4            Shuffle forward (R-L-R)  
5-6            Step L forward, pivot 1/2 right take weight onto Right,  
7&8            Shuffle forward: (L-R-L) (6:00)

## ROCK STEPS, RECOVERS, TURN 3/4 TO THE RIGHT SHUFFLE, COASTER STEP

1-2            Rock right forward, recover on left  
3&4            Turn 1/2 right and step right forward, turn 1/4 right and step left to side, step right together (3:00)  
5-6            Rock left forward, recover on right  
7&8            Step left back, step right back, step left forward (3:00)

## TOUCH 1/4 PADDLE TURN LEFT X 2, CROSS POINT, TOUCH 1/4 PADDLE TURN RIGHT X2, LEFT SHUFFLE

1&            Touch right toe forward, make 1/4 turn left,  
2&            Touch right toe forward, make 1/4 turn left.  
3-4            Step forward on right. Cross R over L, point L toe out to left side (9:00)  
5&            Touch left toe forward, make 1/4 turn right  
6&            Touch left toe forward, make 1/4 turn right.  
7&8            Left Shuffle.(L-R-L)(3:00)

## HOP FORWARD & BACK (12.00),KNEE POPS RIGH, LEFT, DRAG BACK RIGHT , STEP LEFT TOGETHER

&1-2            Hop right forward, step left together (with clap hands)  
&3-4            Hop right back, step left together (with clap hands)  
5&6&            Right knee pop, left knee pop  
7-8            Step R a big step back, slide L next to R (3:00)

## \*\*\* Tag: At the end of wall 4(Facing 12:00), add the following 4-count tag, then restart the dance at 12:00 RIGHT SIDE STEP, TOUCH, LEFT SIDE STEP, TOUCH

1-4            Step R to right side, touch L next to R, step L to left side, touch R next to L (12:00)

HAPPY DANCING!