

Good Mornin'

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Easy Improver
編舞者: Annette Lapp (DK) - February 2019
音樂: Good Mornin' (feat. Gary Trainor) - Meghan Trainor : (Album: The Love Train - iTunes)



Intro: 16 counts

Restart: On wall 3 after 16 Count (06.00)

Side Rock, Behind, Side, Cross, Side Rock, Coaster Step with ¼ Turn Left

1 – 2 Rock right to right, recover onto left
3 & 4 Step right behind left, step left to left, cross right over left
5 – 6 Rock left to left, recover onto right
7 & 8 ¼ turn left stepping left back, step right to right, step left forward

Step ¼ Left, Cross Shuffle, 1/2 Turn Back, Kick Ball Change

1 -2 Step right forward, ¼ turn left
3 & 4 Cross right over right, step left to left, cross right over left
5 – 6 Step left back, ½ turn right stepping right forward
7 & 8 Kick left forward, step left beside right, step right in place

*Restart after 16 count on wall 3 (06.00)

Rock Step Forward, Lock Step Back Left, Lock Step Back Right, Rock, Recover

1 – 2 Rock left forward, recover onto right
3 & 4 Step left back, lock right in front of left, step left back
5 & 6 Step right back, step left in front of right, step right back
7 – 8 Rock left back, recover onto right

½ Turn Right Stepping Left Back, Walk Right Back, Coaster Step, Side Together, ¼ Left, Touch

1 – 2 ½ turn right stepping left back, walk right back
3 & 4 Step left back, right beside left, step left forward
5 – 6 Step right to right, touch left beside right
7 - 8 ¼ turn left, touch right beside left

Ending: After last wall (Wall 10) Step ¼ right and touch and end at 12.00

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