

Shake Your Bam Bam

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Lars Kuif (NL) - February 2019
音樂: Shake Your Bam Bam - RDX



Info: Starts after 16 counts

[1 – 8] ½ Turn L With Weight Changes And Hip Bumps, (Shuffle Fwd.) 2x

1& Step R fwd. with hip bump R (1), 1/8 L and recover to L (2) [10.30]
2&3&4& Repeat count 1& three times [06.00]
5&6 Step R fwd. (5), step L next to R (&), step R fwd. (6) [06.00]
7&8 Step L fwd. (7), step R next to L (&), step L fwd. (8) [06.00]

[9 – 16] Mambo Fwd., Mambo Back, ½ Turn L, Shuffle Fwd.

1&2 Rock R fwd. (1), recover to L (&), step R back (2) [06.00]
3&4 Rock L back (3), recover to R (&), step L fwd. (4) [06.00]
5 – 6 Step R fwd. (5), ½ L changing weight to LF (6) [12.00]
7&8 Step R fwd. (7), step L next to R (&), step R fwd. (8) [12.00]

[17 – 24] Walk L+R Fwd., Mambo Fwd., Shuffle Back, Coaster Step

1 – 2 Walk L fwd. (1), walk R fwd. (2) [12.00]
3&4 Rock L fwd. (3), recover to R (&), step L back (4) [12.00]
5&6 Step R back (5), step L next to R (&), step R back (6) [12.00]
7&8 Step L back (7), step R next to L (&), step L fwd. (8) [12.00]

[25 – 32] Sways, Chassé. Sways, Chassé Into ¼ L

1 – 2 Step R to side with sway (1), recover to L with sway (2) [12.00]
3&4 Step R to side (3), step L next to R (&), step R to side (4) [12.00]
5 – 6 Step L to side with sway (5), recover to R with sway (6) [12.00]
7&8 Step L to side (7), step R next to L (&), ¼ L stepping L fwd. (8) [09.00]

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