

Hey Mr DJ

COPPERKNOB
BY STEFFIE

拍數: 32 牆數: 4 級數: Improver + New Line
編舞者: Steffie ROBERT (FR) - February 2019
音樂: Hey DJ (Remix) - CNCO, Meghan Trainor & Sean Paul : (Single)



Intro : 16 counts

[1-8] R & L MAMBO, ½ STEP TURN R, PIVOT ½ TURN R, BEHIND SIDE CROSS

1&2-3&4 L Mambo Forward (step L behind on 4), R. Mambo backward (Step R fw on 4)
5&6& Step L Forward, ½ turn R (weight on R), ½ turn R with Step L behind, R sweep 12:00
7&8 Cross R behind LF (Behind), Step L to L side (Side), Cross L in front of RF (cross)

[9-16] SWEEP, CROSS SHUFFLE (salsa's way), Volta ½ turn R, L MAMBO, R. KICK, TOUCH BEHIND (w BODY MVT), STEP D

8&1&2 L sweep, cross L in front of RF, R Step to R side, cross L in front of RF (crosses are Done on ball of L and add a hip twist on the cross shuffle for salsa style)
3&4 small Volta turn : ¼ turn R with R step fw, L Step on ball behind and next to R, ¼ turn R with R step fw - 6:00
5&6 L Mambo Forward (Step L next to R on count 6)
7&8 R Kick fw, Touch ball of R behind avec a ¼ turn of body to the R & head look behind, R Step next to L (facing 6:00- look and body) □ Kick use in Salsa

* Restart here wall 2 & 5

[17-24] L & R SIDE MAMBO, L SIDE ¼ TURN LEFT SHUFFLE, STEP TURN STEP

1&2 L Side Mambo
3&4 R side cross Mambo (= cross R in front of L on count 4)
5&6 L Step to L side, R Step next to L, ¼ turn L with L Step forward - 3:00
7&8 R Step forward, ½ turn L (weight on L), R Step Forward - 9:00

[25-32] FULL TURN, R MAMBO, COASTER STEP, STEP TURN STEP

1&2 ½ turn R with L Step next to R (slightly behind), ½ turn R with R Step next to L (slightly forward), L Step forward - 9:00
3&4 R Mambo forward
5&6 L Coaster Step
7&8 R Step forward, ½ turn L (weight on L), R Step next to L - 3:00

RESTART: after 16 counts on wall 2 & 5

REPEAT: After the 4th wall, repeat the last 16 counts (= 2 last sections 17 to 32), then add a 2 counts break (= L Step to L side with hip mvt "out", R step to R side with hip mvt "out"). Then start the dance from the beginning. You are starting the 5th wall (with the restart).

REPEAT avec le

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Convention : R = Right - L = Left - FW = Forward
RF = Right Foot - LF = Left Foot - BW = Backward
CCW = ClockWise - H : Hand

Last Update - 17 Feb. 2019