Longest Time



拍數: 32 牆數: 4 級數: Improver

編舞者: Rex Chuan (USA) - December 2018

音樂: The Longest Time - Billy Joel



Tag: 0 - Restart: 1

Start: dance starts after 16 counts of music with vocal

S1: Squat Kick X4, Jazz Box Turn

1&2&3&4& Squat(1), RF kick(&), RF in place and squat(2), LF kick(&), LF in place and squat(3), RF

kick(&), RF in place and squat(4), LF kick(&)

LF cross RF while shimmering(5), RF R(6), L quarter turn and LF forward(7), RF forward(8)

(9:00)

S2: Charleston, Rock Recover, Weave, Tap In/Out, Flick, Walk

1234 LF forward(1), LF backward(2), RF backward(3), RF forward(4)

5&6& LF rock forward(5), recover on RF(&), R quarter turn and LF cross behind RF(6), RF R(&) T&8& LF tap aside RF(7), LF tap L(&), LF flick back diagonally(8), LF forward diagonally(&) (12:00)

S3: Cross, Rock Recover, Walk X2, Rock Recover, Run X2, Chasse, Cross

12&34 RF cross LF(1), LF rock L(2), recover on RF(&), R ½ turn and LF forward(3), RF forward(4)

5&6& LF rock forward(5), recover on RF(&), L % turn and LF forward(6), RF forward(&)

7&8& LF forward(7), RF lock in(&), LF forward(8), R quarter turn and RF cross LF(&) (12:00)

S4: Rock Recover, Weave, Rock Recover, Scutt, WalkX4

1&2& LF L(1), RF together(&), LF cross behind(2), RF R(&)

34& LF rock back(3), recover(4), LF scuff(&)

R 1/2 turn and LF forward(5), R 1/2 turn and RF forward(6), R 1/2 turn and LF forward(7), R 1/2

and RF forward(8) (9:00)

Restart: After 16 counts of the third wall facing 6:00, Restart

Enjoy the dance!