

Voy A Vivir

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
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音樂: Vivir Mi Vida - Marc Anthony



Intro: After 48 counts
with 3 Tags 32,32,16 counts

[1-8]: RF MAMBO FW, LF MAMBO BACK, RF MAMBO R, LF MAMBO L

1&2 RF mambo step forward, recover weight on LF, RF step together LF
3&4 LF mambo step backwards, recover weight on RF, LF step together RF
5&6 RF mambo step to the right, recover weight on LF, RF step together LF
7&8 6 LF mambo step to the left, recover weight on RF, LF step together RF

[9-16]: ¼ RF PADDLE TURN L X 2, RF MAMBO R, LF MAMBO L

1-2 Step RF forward, ¼ turn to the left(9:00)
3-4 Step RF forward, ¼ turn to the left (6:00)
5&6 RF mambo step to the right, recover weight on LF, RF step together LF
7&8 LF mambo step to the left, recover weight on RF, LF step together RF

[17-24]: SUZY Q X2 (RF LF), OUT OUT IN IN X 2

1&2 Cross RF over LF, LF step slightly to the left, Cross RF over LF
3&4 Cross LF over RF, RF step slightly to the right, Cross LF over RF
&5&6 Step RF out to the right and step LF out to the left, step Rf and LF together back to the center
&7&8 Step RF out to the right and step LF out to the left, step Rf and LF together back to the center

[25-32]: LF SYNCOPATED POINT, RF SYNCOPATED POINT, WEAWE R, ¼ TURN L, RF FLICK

1&2 Point LF forward slightly to the diagonal over RF, Point LF to the left, LF Step forward
3&4 Point RF forward slightly to the diagonal over LF, Point RF to the right, RF Step forward
5&6& Cross LF over RF, RF step to the right, cross LF behind RF, RF step to the right
7-8 Cross LF over RF, ¼ turn to the left making a flick backwards with RF (3:00)

TAG

[1-8] TOE STRUT X 6, CLAP X2, RF STOMP ¼ STEP TURN L

1& Point RF toe forward and step RF down (12:00) (9:00 in tag 2)
2& Point LF toe forward and step LF down
3& Point RF toe forward and step RF down
4& Point LF toe forward and step LF down
5& Point RF toe forward and step RF down
6& Point LF toe forward and step LF down
7-8 Clap, clap

[9-16] RF STOMP ¼ STEP TURN L , TOE STRUT X 4, CLAP X2

1-2 Stomp RF forward, ¼ turn pivot to the left (9:00) (6:00 in tag 2)
3& Point RF toe forward and step RF down
4& Point LF toe forward and step LF down
5& Point RF toe forward and step RF down
6& Point LF toe forward and step LF down
7-8 clap, clap

[17-24] RF STOMP ¼ STEP TURN L TOE STRUT X 4, CLAP X2

1-2 Stomp RF forward, ¼ turn pivot to the left (6:00) (3:00 in tag 2)

3& Point RF toe forward and step RF down
4& Point LF toe forward and step LF down
5& Point RF toe forward and step RF down
6& Point LF toe forward and step LF down
7-8 clap, clap

[25-32] RF STOMP ¼ STEP TURN L , TOE STRUT X 2, ¼ TURN TOE STRUT X 4 (LAST 2 WITH SHIMMY)

1-2 Stomp RF forward, ¼ turn pivot to the left (3:00) (12:00 in tag 2)
3& Point RF toe forward and step RF down
4& Point LF toe forward and step LF down
5& ¼ Turn to the left Point RF toe forward and step RF down (12:00) (9:00 in tag 2)
6& Point LF toe forward and step LF down
7& Point RF toe forward and step RF down with shimmy shoulders
8& Point LF toe forward and step LF down with shimmy shoulders

Tag 1: 32 counts at the beginning of the dance

Tag 2: 32 counts after Wall 3 (facing 9:00)

Ending: Restart/Tag 3 On wall 9 we only do the first 16 counts of the dance and facing 6:00 we do Tag 3 only the first 24 counts and from count 25 to count 32 we start facing 9:00 doing the toe struts but continue the other toe struts on a ¾ turn circle to the left with shimmy shoulders to end up facing 12:00.
