New Thing

拍數: 64

級數: High Intermediate

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牆數:4

音樂: New Thing - Bonti

Music available from amazon.co.uk or iTunes

Intro: 32 Counts

Kick. Together X2. Kick. Back Step. Heel Twist.

- 1 4 Kick Right forward. Step Right beside Left. Kick Left forward. Step Left beside Right.
- 5 6 Kick Right forward. Step slightly back on Right foot.
- 7 8 Twist both heels Left. Twist both heels back to centre.

Back Rock. Diagonal Lock Step. Side Step. Knee Pop X2.

- 1 2 Rock back on Left. Recover weight on Right.
- 3 4 Step Left to Left diagonal. Lock Right behind Left.
- 5 6 Step Left to Left diagonal. Step Right to Right side (12.00).
- & 7 Pop/push both knees forward lifting heels off the floor (&). Drop both heels to floor (7).
- & 8 Pop/push both knees forward lifting heels off the floor (&). Drop both heels to floor (8).

Back Rock. Side-Touch. Step. Left Heel & Toe Swivel.

- 1 2 Rock back on Left. Recover weight on Right.
- 3 4 Step Left to Left side. Touch Right beside Left.
- 5 8 Step Right to Right side. Swivel Left foot towards Right: Heel, Toe, Heel.

3/4 Box Turn Left. Right back Rock.

- 1 2 Turn 1/4 Left stepping Left to Left side. Touch Right beside Left (9.00).
- 3 4 Turn 1/4 Left stepping Right to Right side. Touch Left beside Right (6.00).
- 5 6 Turn 1/4 Left stepping Left to Left side. Drag Right foot up toward Left (3.00).
- 7 8 Rock back on Right. Recover weight on Left (3.00).

Right & Left Diagonal Lock Step. Touch. Kick.

- 1 3 Step Right slightly to Right diagonal. Lock Left behind Right. Step Right to Right diagonal.
- 4 6 Step Left slightly to Left diagonal. Lock Right behind Left. Step Left to Left diagonal.
- 7 8 Touch Right beside Left. Kick Right to Right diagonal (3.00).

Touch. Kick. Right Coaster Cross. Hold. 1/2 Turn Heel Bounces X2.

- 1 2 Touch Right beside Left. Kick Right to Right diagonal (3.00).
- 3 6 Step back on Right. Step Left beside Right. Cross Right over Left. Hold.
- &7&8 Unwind 1/2 turn Left bouncing heels Twice, weight ends on Right (9.00). ***Restart Here On Wall 4

Note: Counts 7 – 8, as you unwind, Lift heels on the '&' Count, lower heels on the heavy count.

Back Rock. Step. Kick. Back. Touch. Step. Brush.

- 1 2 Rock back on Left. Recover weight forward on Right.
- 3 4 Step Left forward. Kick Right forward.
- 5 6 Step Right back. Touch Left beside Right.
- 7 8 Step forward on Left. Brush Right beside Left (9.00).

Jazz Box 1/4 Cross. Grapevine 1/4 Turn Right. Together,

- 1 4 Cross Right over Left. Turn 1/4 Right stepping Left back. Step Right to Side. Cross Left over Right (12.00).
- 5 6 Step Right to Right side. Cross Left behind Right.



***Restart: During Wall 4, dance 48 Counts, but make sure the weight is forward on your Left foot after you unwind 1/2 turn ready to Restart on the Right.

ENDING - On Wall 8 (start facing 3.00),

Dance the first 14 counts, when you do the knee pop turn a 1/4 turn to the front with the Right foot and finish the dance facing 12.00 as you do the knee pops.