

Lento

拍數: 32 牆數: 4 級數: High Beginner
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音樂: Lento - Thalía & Gente de Zona



Restart On wall 2 after 16 counts

Start On Lyric ♥

S1# Side Mambo Forward - Forward Mambo - Coasterstep - Cross Shuffle

1&2 Step R to side , L in Place , Step R forward
3&4 Step L forward , R in Place , L close beside R
5&6 Step R back , L close beside R , Step R forward
7&8 Step L cross over R , Step R to side , Step L cross over R

S2# Samba syncopated (L - R)

1&2& Step R cross over L , L to side , R cross over L , L to side
3&4 Step R cross over L , L to side , R cross over L
5&6& Step L cross over R , R to side , L cross over R , R to side
7&8 Step L cross over R , R to side , L cross over R

S3# Side Close Touch - Side Close Touch - Side Chasse - Cumbia - Cross - Side - Forward

1&2& Step R to side , L Touch close beside R , L to side , R touch close beside L
3&4 Step R to side , L close beside R , R to side
5&6 Step L back , R in place , L to side
7&8 Step R cross behind L , L to side , R forward

S4# Forward Mambo - Coasterstep - Pivot 1/4 to R - Cross - Side Mambo - Close Touch

1&2 Step L forward , R in place , L close beside R
3&4 Step R back , L close beside R , R forward
5&6 Step L forward 1/4 to R , R in place , L cross over R
7&8 Step R to side , L in Place , R touch beside L

Enjoy The Dance
