

Promises

COPPER KNOB
BY STEPHEN T. HARRIS

拍數: 32 牆數: 2 級數: Improver
編舞者: Jessica Townley (USA) - February 2019
音樂: Promises - Calvin Harris & Sam Smith : (iTunes)



TAGS: One 16 ct.
INTRO: 32 Counts

WALK, WALK, TRIPLE STEP WALK, WALK, TRIPLE STEP

1-4 Step RF forward, left forward, triple step RLR
5-8 Step LF forward, right forward, triple step LRL

ROCK RECOVER, TRIPLE ½ TURN, TRIPLE ½ TURN & ROCK RECOVER

1-4 Rock Rt. foot forward, recover on the left, triple ½ turn to the right RLR
5-8 Triple ½ turn continuing to turn LRL, rock back on the rt. recover on the left

SIDE ROCK, CROSSING TRIPLE SIDE ROCK, CROSSING TRIPLE

1-4 RF Rock to the side, recover on the left, cross right over left, triple step RLR
5-8 LF Rock to the side, recover on the right foot, cross left over right, triple step LRL

PIVOT ¼, PIVOT ¼, JAZZBOX

1-4 RF Step forward, pivot ¼ to the left, RF Step forward, pivot ¼ to the left
5-8 RF Cross right over left, step back on the left, step right to the side and left foot forward

TAG: 16 Counts Tag is at the end of 3rd rotation and at the end of the 7th rotation

CROSS POINTS FRONT & BACK

1-4 Cross right over left, point left toe to the side, cross left over right, point right toe to the side
5-8 Cross right behind left, point left toe to the side, cross left behind right, point right toe to the side

ROCK RECOVER, TRIPLE IN PLACE, ROCK RECOVER TRIPLE IN PLACE

1-4 RF Rock back, recover on the LF, Triple step in place RLR
5-8 LF Rock forward, recover on the RF, Triple in place LRL

ENJOY! The JAZZ BOX! is for Toni

Contact: J Townley: jnero919@yahoo.com