

# Overnight

拍數: 32      牆數: 4      級數: Beginner / Improver WCS  
編舞者: Conny van Dongen (NL) - February 2019  
音樂: Overnight by The Zac Brown Band - BPM: 92



Note : 1 restart at wall 10

Start : on the lyrics Ain't no time for talking

## (S1) HEEL GRIND, COASTERSTEP X2,

1-2            RF step forw. on heel toes turned in, RF turn toes out and place weight on LF  
3&4           RF step back, LF together, RF step forw.  
5-6           LF step forw. on heel toes turned in, LF turn toes out and place weight on RF  
7&8           LF step back, RF together, LF step forw.

## (S2) DIAG. LOCK STEPS, 1/8 TURN R & HEEL SWITCHES, TOUCH BACK, 1/2 TURN R

1-2&           RF 1/8 turn L and step diag. R forw., LF cross behind, RF step diag. R forw. \*  
3-4&           LF 1/4 turn R and step diag. L forw., RF cross behind, LF step diag. L forw. \*  
5&            RF 1/8 turn L and touch heel forward, RF together  
6&            LF touch heel forw., LF together  
7-8           RF touch toes back, 1/2 turn R (keep weight on LF)

\* your body is angled L. as you move diag. R forw., and angled R. as you move diag. L forw.

## (S3) CROSS, POINT, 1/4 TURN L SAILOR STEP, TOUCH WITH HIP BUMP, 1/2 TURN L, HIP BUMP

1-2            RF cross, LF touch toes L  
3&4           LF 1/4 turn L and cross behind, RF side step, LF side step  
5-6           RF touch toe forw. and bump R-hip forw., hip back and put weight on RF  
7-8           LF 1/2 turn L and bump L-hip forw., hip back and put weight on LF

## (S4) KICK-BALL-STEP, MAMBO STEP, BOOGIE WALKS, TOUCH

1&2           RF kick forw., RF together on ball, LF step forw.  
3&4           RF step forw., LF replace weight, RF together  
5-6           LF step back & RF turn toes out, RF step back & LF turn toes out  
7-8           LF step back & RF turn toes out, RF touch beside LF

RESTART: Wall 10...dance up to count 8 of S2, then restart!!!

Site : [www.thedanceconaction.nl](http://www.thedanceconaction.nl)