

# A Little Bit Psycho

拍數: 32      牆數: 4      級數: Beginner / Improver  
編舞者: Alexandra Schmitt (DE) - February 2019  
音樂: Sweet but Psycho - Ava Max



Notes: 1 Restart, Ending  
Dance starts after 32 counts.

## S1: Side, Cross, Side, Behind, Side Shuffle R, Cross Rock

1-2            Step right to right side, cross left over right (12:00)  
3-4            Step right to right side, step left behind right  
5&6           Step right to right side, Step left next to right, Step right to right side  
7-8            Step left across right, recover weight back onto right

## S2: Side Shuffle L, Cross, Side, Behind, Side, Cross Rock

1&2           Step left to left side, Step right next to left, Step left to left side  
3-4           Step right over left, step left to left side  
5-6           Step right behind left, step left to left side  
7-8           Step right across left, recover weight back onto left

(Restart: Wall 10 at 3:00)

## S3: Sailor Step Turning ¼ R, Step, Pivot ½ R, Step, Point R, Step, Point L

1&2           ¼ turn right stepping right behind left, step left next to right, step forward on right (3:00)  
3-4           Step forward on left, ½ turn right (weight on right) (9:00)  
5-6           Step forward on left, point right out to right side  
7-8           Step forward on right, point left out to left side

## S4: Rock Forward, Shuffle Back Turning ½ L, Toe Strut Forward R + L

1-2           Step forward on left, recover weight back onto right  
3&4           ½ turn left stepping left, right, left (3:00)

End of dance here\*...

5-6           Step forward on right toe, drop down heel  
7-8           Step forward on left toe, drop down heel

Start again.

\*Ending: Wall 12 facing 09:00 after steps 1-4 of the S4:

## Rock Forward, Sailor Step Turning ¼ R

1-2           Step forward on right, recover weight back onto left  
3&4           ¼ turn right stepping right behind left, step left next to right, step forward on right

Enjoy the Dance!