Backfield In Motion



編舞者: Bonita Malone (USA) - February 2019

音樂: Backfield in Motion - Mel & Tim



*1 TAG, after Wall 5

1234 R toe strut, L toe strut

#16 count introduction

SIDE, ROCK BACK, RECOVER, SIDE, ROCK BACK, RECOVER, SIDE TRIPLE

step R side, rock back on L, recover on R, step L side, rock back R, recover on L, R triple to

the side

POINT, STEP, POINT, STEP, SAILOR QUARTER TURN TO L, TWIST, TWIST

12345&678 Point front with L, step, point front with R, step, sailor turn (LRL) making quarter turn, Twist

one quarter to R, twist one quarter to L (recover)

KICK, STEP BACK, COASTER STEP, TOE STRUT, TOE STRUT

123&45678 R kick fwd, step back on R, coaster step LRL, toe strut R, toe strut L

ROCK, RECOVER, TRIPLE HALF TURN, PIVOT HALF TURN, FWD TRIPLE

123&4567&8 rock fwd on R, recover onto L, R triple half turn, half pivot turn (L, R), fwd L triple

Wall 2 begins at 9 o'clock

Wall 3 begins at 6 o'clock

Wall 4 begins at 3 o'clock

Wall 5 begins at 12 o'clock, 4 count TAG*

Wall 6 begins at 9 o'clock

Wall 7 begins at 6 o'clock

Wall 8 begins at 3 o'clock

Wall 9 begins at 12 o'clock