

Shag-A-Doo-La

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Easy Beginner
編舞者: Val Saari (CAN) - February 2019
音樂: She's a Fool - Lesley Gore



STEP/BRUSH X 2, (RL), LINDY RIGHT

1-2 Step RF right, Brush LF forward
3-4 Step LF left, Brush RF forward
5&6 Shuffle right, RLR
7-8 Rock back on LF, Recover on RF

STEP LF LEFT/ ALTERNATE HIP BUMPS (LRLR), LINDY LEFT

1-2 Step LF left/Bump hips Left, Right
3-4 Bump hips Left, Right
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

POLKA STEPS FWD, ROCKING CHAIR PIVOT 1/4 R

1&2 Shuffle forward RLR diagonally forward (1:30)
3&4 Shuffle forward LRL diagonally forward (10:30)
5-6 Rock RF forward, Recover Left
7-8 Rock RF back pivot 1/4 R, Recover Left

WALK FORWARD R,L,R, KICK L, WALK BACK L,R,L, TOUCH R

1-2 Walk forward, RF, LF
3-4 Walk forward RF, Kick LF forward
5-6 Step back, LF, RF
7-8 Step back LF beside R, Touch RF beside

REPEAT - No Tags, No Restarts

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