

# Only Lonely

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Larry Bass (USA) - February 2019  
音樂: You're Only Lonely - JD Souther



Restart after 16 count on wall 3

## SWAYFORWARD, SWAY BACK, TRIPLE STEP FORWARD; ROCK STEP, TRIPLE STEP BACK

1-2            Step R forward swaying hips forward; Sway hips back to L  
3&4            Step R forward, Step L to R, Step R forward  
5-6            Rock L forward; Recover back to R  
7&8            Step L back, Step R to L, Step L back

## ROCK STEP BACK, SIDE, TOGETHER, SIDE; CROSSOVER ROCK STEP, SIDE, TOGETHER, ¼ TURN

1-2            Rock R back; Recover forward to L  
3&4            Step R to right, Step L beside R, Step R to right  
5-6            Rock L across R; Recover back to R  
7&8            Step L to left, Step R beside L, Make a ¼ turn left & step L forward (9:00)

Restart here on wall 3 facing (3:00)

## HIP TURNS, TRIPLE STEP FORWARD; STEP ¼ PIVOT

1-2            Step R forward swaying hips forward; Pivot 1/8 turn left to L (7:30)  
3-4            Step R forward swaying hips forward; Pivot 1/8 turn left to L (6:00)  
5&6            Step R forward, Step L to R, Step R forward  
7-8            Step L forward; Pivot ¼ turn left to R (9:00)

## CROSSOVER TRIPLE STEP, SIDE ROCK STEP; JAZZ BOX

1&2            Step L across R, Step R to right, Step L across R  
3-4            Rock R to right; Recover left to L  
5-6            Step R across L; Step L back  
7-8            Step R to right; Step L beside R

Begin Again

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